

XII CARREIRA POPULAR VIRXE DA GUIA: ABSOLUTA

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	DIFF. 1º	RITMO
1	1	37	ESSAADAOUI AKKA	MALE	VET. A-M	Run&club corredores Pedro Nimo	00:31:45.207		03:11 min/Km
2	1	43	FOLGAR POUISO RAMON IGNACIO	MALE	VET. B-M	ESCUELA BOXEO CANARIO	00:35:31.413	+00:03:46.206	03:34 min/Km
3	2	126	SIEIRA RIOS FERNADO	MALE	VET. A-M	Coruña Comarca	00:36:04.463	+00:04:19.256	03:37 min/Km
4	2	112	RODRIGUEZ ALVAREZ JOSE MANUEL	MALE	VET. B-M	Atletismo Milladoiro	00:36:51.360	+00:05:06.153	03:42 min/Km
5	3	83	NAVARRO ANTON JOSE	MALE	VET. A-M	SD Barbantia roda	00:36:57.850	+00:05:12.643	03:42 min/Km
6	4	16	BUIG FERNANDEZ ALEXIS	MALE	VET. A-M	S.D.BARBANTIA RODA	00:37:09.933	+00:05:24.726	03:43 min/Km
7	1	26	CASTROAGUDIN GOMEZ ADRIAN	MALE	SENIOR-M	Atletismo +9 Moraña	00:37:37.003	+00:05:51.796	03:46 min/Km
8	5	30	COLLAZO SUAREZ ROBERTO	MALE	VET. A-M	Egobarros	00:37:43.330	+00:05:58.123	03:47 min/Km
9	3	93	PAZOS CAMPOS FRANCISCO	MALE	VET. B-M	atletismo + 9 moraña	00:37:58.753	+00:06:13.546	03:48 min/Km
10	2	58	IGLESIAS AMORES MIGUEL	MALE	SENIOR-M	Club Deportivo Pinarium	00:38:09.253	+00:06:24.046	03:49 min/Km
11	6	13	BENITEZ SOMOZA ABRAHAM	MALE	VET. A-M	ESCUELA BOXEO CANARIO	00:38:50.030	+00:07:04.823	03:54 min/Km
12	7	139	VILA SIEIRA RUBEN	MALE	VET. A-M	Egobarros	00:38:58.700	+00:07:13.493	03:54 min/Km
13	8	124	SANTOS SANTAMARIA ALEX	MALE	VET. A-M		00:39:02.110	+00:07:16.903	03:55 min/Km
14	9	135	TUBIO MUÑIZ GUILLERMO	MALE	VET. A-M		00:39:28.383	+00:07:43.176	03:57 min/Km
15	3	104	REGUEIRA MUÑIZ MATIAS	MALE	SENIOR-M	CORUÑA COMARCA	00:39:28.613	+00:07:43.406	03:57 min/Km
16	10	49	GARCIA ABALO KIKO	MALE	VET. A-M	cd barbantia roda	00:39:36.910	+00:07:51.703	03:58 min/Km
17	4	65	LOJO FERNANDEZ JOSE MANUEL	MALE	SENIOR-M		00:39:39.690	+00:07:54.483	03:58 min/Km
18	4	44	FONTAO AGEITOS JACINTO	MALE	VET. B-M	CLUB NATACION RIVEIRA	00:40:45.327	+00:09:00.120	04:05 min/Km
19	5	75	MIRAS COUSELO DAVID	MALE	SENIOR-M		00:41:10.540	+00:09:25.333	04:08 min/Km
20	1	20	CADAVAL MARTINEZ SERGIO	MALE	JUNIOR-M		00:41:21.030	+00:09:35.823	04:09 min/Km
21	6	4	ALCALDE RESUA OSCAR	MALE	SENIOR-M	S.D.BARBANTIA RODA	00:41:37.437	+00:09:52.230	04:10 min/Km
22	2	41	FERRON MOURE ADRIAN	MALE	JUNIOR-M	Natación Riveira	00:41:37.603	+00:09:52.396	04:10 min/Km
23	7	18	CAAMAÑO PROL MANU	MALE	SENIOR-M	SANTA UXÍA ATLETISMO	00:41:51.970	+00:10:06.763	04:12 min/Km
24	8	84	NEGREIRA MARTINEZ RUBEN	MALE	SENIOR-M		00:41:52.720	+00:10:07.513	04:12 min/Km
25	9	52	GEY SEGADE SANTIAGO	MALE	SENIOR-M		00:42:02.103	+00:10:16.896	04:13 min/Km
26	1	23	CALVO GERARDI MANUEL	MALE	VET. C-M	Atletismo +9 Moraña	00:42:03.520	+00:10:18.313	04:13 min/Km
27	5	117	ROMERO OLVEIRA JOSE MANUEL	MALE	VET. B-M	Veteranos de Samil/Manuel Tomás	00:42:13.233	+00:10:28.026	04:14 min/Km
28	11	137	VIDAL PEREZ ANGEL MANUEL	MALE	VET. A-M	INDEPENDIENTE	00:42:29.590	+00:10:44.383	04:15 min/Km
29	12	66	LOPEZ BALEIRON EDGAR MANUEL	MALE	VET. A-M		00:42:45.300	+00:11:00.093	04:17 min/Km
30	10	136	VAZQUEZ REIRIZ LUIS	MALE	SENIOR-M		00:42:49.660	+00:11:04.453	04:17 min/Km
31	13	63	LATORRE VIDAL JORGE	MALE	VET. A-M	Salsa Juvenil	00:43:01.213	+00:11:16.006	04:19 min/Km
32	14	35	DE LA FUENTE FERNANDEZ MANUEL	MALE	VET. A-M	suso de la fuente	00:43:03.623	+00:11:18.416	04:19 min/Km
33	2	103	REGUEIRA BOO JOSE MATIAS	MALE	VET. C-M	ATLETISMO BARBANZA	00:43:35.980	+00:11:50.773	04:22 min/Km
34	11	51	GARCIA GARCIA DANIEL	MALE	SENIOR-M	Independiente	00:43:41.427	+00:11:56.220	04:23 min/Km

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35	6	134	TOUCEDA ABELLEIRA XOSE	MALE	VET. B-M		00:43:49.487	+00:12:04.280	04:23 min/Km
36	15	82	MUÑIZ DIOS DAVID	MALE	VET. A-M	ARTROGAL-TRI498	00:43:54.617	+00:12:09.410	04:24 min/Km
37	1	17	BUIG FERNANDEZ CAROLINA LARA	FEMALE	VET. A-F	S.D.BARBANTIA RODA	00:44:03.330	+00:12:18.123	04:25 min/Km
38	16	31	COMESAÑA LAGOA DAVID	MALE	VET. A-M		00:44:38.870	+00:12:53.663	04:28 min/Km
39	17	133	TORRES MANOLO	MALE	VET. A-M		00:45:10.390	+00:13:25.183	04:32 min/Km
40	18	89	PARADA GARCIA LUIS	MALE	VET. A-M		00:45:18.840	+00:13:33.633	04:32 min/Km
41	12	60	LAIÑO VICTOR	MALE	SENIOR-M		00:45:30.303	+00:13:45.096	04:34 min/Km
42	7	57	GUIMARE GONZALEZ DANIEL	MALE	VET. B-M	Archienemigos Team	00:45:49.147	+00:14:03.940	04:35 min/Km
43	8	99	PEREZ SUSAVILA ANGEL	MALE	VET. B-M		00:45:54.567	+00:14:09.360	04:36 min/Km
44	19	5	ALDREY RAICES JOSE MANUEL	MALE	VET. A-M	Os Gaiteros non Paran	00:46:17.360	+00:14:32.153	04:38 min/Km
45	9	11	ARGIBAY PEREZ JUAN ANTONIO	MALE	VET. B-M		00:47:01.150	+00:15:15.943	04:43 min/Km
46	20	130	SOTO BUCETA SERGIO	MALE	VET. A-M	romai-running	00:47:21.257	+00:15:36.050	04:45 min/Km
47	3	69	MARIÑO SANTAMARIA ANTONIO	MALE	VET. C-M		00:47:23.020	+00:15:37.813	04:45 min/Km
48	21	50	GARCIA ARES JOSE MANUEL	MALE	VET. A-M	OS GAITEIROS NON PARAN	00:47:28.810	+00:15:43.603	04:45 min/Km
49	13	119	SAMPEDRO FERNANDEZ DAMIAN	MALE	SENIOR-M		00:47:40.227	+00:15:55.020	04:47 min/Km
50	14	98	PEREZ REGO JORGE	MALE	SENIOR-M	INDEPENDIENTE	00:48:35.277	+00:16:50.070	04:52 min/Km
51	22	123	SANTOS DIOS JOSE RAMON	MALE	VET. A-M		00:48:42.267	+00:16:57.060	04:53 min/Km
52	3	97	PEREZ PEREZ SERGIO	MALE	JUNIOR-M		00:48:42.487	+00:16:57.280	04:53 min/Km
53	23	87	OSORIO DIÉGUEZ CESAR	MALE	VET. A-M	BEKELE RUNNING TEAM	00:48:55.207	+00:17:10.000	04:54 min/Km
54	15	90	PARADA NOVO IVAN	MALE	SENIOR-M	kempo barbanza	00:49:01.347	+00:17:16.140	04:55 min/Km
54	15	92	PAZ PAZ JORGE	MALE	SENIOR-M		00:49:01.347	+00:17:16.140	04:55 min/Km
56	24	111	RODIÑO REY JOAQUIN	MALE	VET. A-M	atletismo cambados	00:49:27.067	+00:17:41.860	04:57 min/Km
57	2	127	SILVA FERNANDEZ MONTESERRAT	FEMALE	VET. A-F	Archienemigos Team	00:49:27.247	+00:17:42.040	04:57 min/Km
58	3	22	CALVELO SANTOS MAR	FEMALE	VET. A-F		00:49:28.833	+00:17:43.626	04:57 min/Km
59	25	121	SANLES MACEIRAS JUAN JOSE	MALE	VET. A-M		00:49:29.417	+00:17:44.210	04:57 min/Km
60	26	19	CADAVAL MARTINEZ JUAN JESUS	MALE	VET. A-M		00:49:29.420	+00:17:44.213	04:57 min/Km
61	27	24	CAROU IGLESIAS ALBERTO	MALE	VET. A-M		00:49:30.007	+00:17:44.800	04:58 min/Km
62	4	73	MÍGUEZ SAMPEDRO SUSANA	FEMALE	VET. A-F	NATURAL OUTDOOR EXPERIENCES	00:49:45.767	+00:18:00.560	04:59 min/Km
63	17	80	MUÑIZ CADAVAL ALEX	MALE	SENIOR-M		00:51:13.963	+00:19:28.756	05:08 min/Km
64	18	138	VIDAL RODRIGUEZ JOSE	MALE	SENIOR-M		00:51:25.907	+00:19:40.700	05:09 min/Km
65	19	68	MARIÑO HERMO JESUS	MALE	SENIOR-M		00:51:30.423	+00:19:45.216	05:10 min/Km
66	28	14	BOO BOO JUAN MANUEL	MALE	VET. A-M		00:51:30.473	+00:19:45.266	05:10 min/Km
67	29	12	ASOREY GONZALEZ MANUEL CARMELO	MALE	VET. A-M	no	00:51:39.123	+00:19:53.916	05:10 min/Km
68	5	91	PAZ GARCIA CRISTINA	FEMALE	VET. A-F		00:52:26.013	+00:20:40.806	05:15 min/Km

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69	30	32	CONDE FERNANDEZ ANTONIO	MALE	VET. A-M		00:52:26.253	+00:20:41.046	05:15 min/Km
70	1	115	RODRIGUEZ SOBRINO CELINA	FEMALE	VET. B-F	Atletismo +9 Moraña	00:52:40.380	+00:20:55.173	05:17 min/Km
71	31	28	CHOUZA FERREIRO FRANCISCO JAVIER	MALE	VET. A-M		00:52:43.673	+00:20:58.466	05:17 min/Km
72	20	38	ESTEVEZ MANEIRO ALBERTO	MALE	SENIOR-M		00:52:47.983	+00:21:02.776	05:17 min/Km
73	32	15	BRION MARTINEZ FRANCISCO JAVIER	MALE	VET. A-M		00:52:53.473	+00:21:08.266	05:18 min/Km
74	1	74	MIRANDA PEREZ ISABEL	FEMALE	SENIOR-F		00:53:00.943	+00:21:15.736	05:19 min/Km
75	6	53	GOMEZ LODEIROS SUSANA	FEMALE	VET. A-F	Tartarugas	00:53:46.637	+00:22:01.430	05:23 min/Km
76	21	122	SANTOS BLANCO PABLO	MALE	SENIOR-M	adcarnela	00:54:12.090	+00:22:26.883	05:26 min/Km
77	33	40	FERREIRÓS FERNÁNDEZ JOSE	MALE	VET. A-M		00:54:17.333	+00:22:32.126	05:26 min/Km
78	2	47	FRANCO RESUA PILI	FEMALE	SENIOR-F	CCCP	00:54:54.100	+00:23:08.893	05:30 min/Km
79	22	113	RODRIGUEZ ALVAREZ JOSE ANGEL	MALE	SENIOR-M		00:54:54.660	+00:23:09.453	05:30 min/Km
80	34	120	SAMPEDRO MARTINEZ LOIS	MALE	VET. A-M		00:54:54.683	+00:23:09.476	05:30 min/Km
81	35	46	FRANCO RESUA JUAN FRANCISCO	MALE	VET. A-M	CCCP	00:54:54.740	+00:23:09.533	05:30 min/Km
82	10	72	MATILLA GARCIA JOSE CARLOS	MALE	VET. B-M	CCCP Riveira	00:54:54.783	+00:23:09.576	05:30 min/Km
83	36	1	ABOY POTEL JOSE	MALE	VET. A-M	CCCP RIVEIRA	00:54:54.903	+00:23:09.696	05:30 min/Km
84	11	2	ACLOPEZ SANCHEZ JAIME	MALE	VET. B-M	Virxen da Guía	00:54:54.933	+00:23:09.726	05:30 min/Km
85	12	64	LEMA VILA JUAN CARLOS	MALE	VET. B-M	CCCP	00:54:54.937	+00:23:09.730	05:30 min/Km
86	37	3	AGEITOS GUDE HUMBERTO	MALE	VET. A-M	CCCP	00:54:55.160	+00:23:09.953	05:30 min/Km
87	23	34	CRUJEIRAS MIRANDA ADRIAN	MALE	SENIOR-M	CCCP	00:54:55.393	+00:23:10.186	05:30 min/Km
88	38	55	GONZÁLEZ MIRÁS MIGUEL	MALE	VET. A-M	CCCP RIVEIRA	00:54:55.573	+00:23:10.366	05:30 min/Km
89	39	85	NOVO MARTÍNEZ DAVID	MALE	VET. A-M		00:54:55.723	+00:23:10.516	05:30 min/Km
90	40	8	ALVAREZ RODRIGUEZ MARCOS	MALE	VET. A-M		00:57:11.193	+00:25:25.986	05:44 min/Km
91	4	45	FORMOSO SUAREZ SERGIO	MALE	JUNIOR-M		00:59:01.300	+00:27:16.093	05:55 min/Km
92	41	131	SUAREZ FONTAÑA EDUARDO	MALE	VET. A-M		00:59:02.010	+00:27:16.803	05:55 min/Km
93	3	106	REGUEIRA MUÑIZ MARIA	FEMALE	SENIOR-F		00:59:17.590	+00:27:32.383	05:56 min/Km
94	13	6	ALFONSIN SOLIÑO GONZALO	MALE	VET. B-M		00:59:37.170	+00:27:51.963	05:58 min/Km
95	24	110	RIO FIGUEIRAS MANUEL CARMELO	MALE	SENIOR-M		01:00:05.617	+00:28:20.410	06:01 min/Km
96	4	101	PIÑEIRO GOMEZ SILVIA	FEMALE	SENIOR-F		01:00:08.217	+00:28:23.010	06:01 min/Km
97	1	54	GONZALEZ ARES ALEX	MALE	JUVENIL-M		01:00:08.987	+00:28:23.780	06:01 min/Km
98	14	96	PEREZ LAMPON JOSE MANUEL	MALE	VET. B-M	VIRXE DA GUIA	01:00:09.267	+00:28:24.060	06:01 min/Km
99	5	105	REGUEIRA MUÑIZ TERESA	FEMALE	SENIOR-F		01:01:01.697	+00:29:16.490	06:07 min/Km
100	42	27	CESPON PENEIREIRO CARLOS	MALE	VET. A-M		01:01:28.257	+00:29:43.050	06:09 min/Km
101	25	21	CALO FRANCO JUAN JOSE	MALE	SENIOR-M		01:03:33.640	+00:31:48.433	06:22 min/Km
102	7	102	REGO SAMPEDRO MARI CARMEN	FEMALE	VET. A-F		01:04:30.427	+00:32:45.220	06:28 min/Km

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POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	DIFF. 1º	RITMO
103	1	116	ROMERO GONZALEZ CARME	FEMALE	JUNIOR-F		01:06:53.777	+00:35:08.570	06:42 min/Km
104	6	10	ALVAREZ SAMPEDRO NATALIA	FEMALE	SENIOR-F		01:10:54.173	+00:39:08.966	07:06 min/Km
105	26	39	FERNANDEZ POLIN FERNANDO	MALE	SENIOR-M		01:10:54.530	+00:39:09.323	07:06 min/Km
106	5	114	RODRIGUEZ CRUJEIRAS FRAN	MALE	JUNIOR-M		01:11:55.853	+00:40:10.646	07:12 min/Km
107	2	77	MOURE PRADO SARA	FEMALE	VET. B-F		01:13:18.110	+00:41:32.903	07:20 min/Km
108	2	79	MOURELOS ARES IVAN	MALE	JUVENIL-M		01:14:11.360	+00:42:26.153	07:26 min/Km
108	2	129	SOBRIDO SANLES VANESA	FEMALE	JUNIOR-F		01:14:11.360	+00:42:26.153	07:26 min/Km
110	8	9	ALVAREZ SAMPEDRO MARIA JOSE	FEMALE	VET. A-F		01:14:42.120	+00:42:56.913	07:29 min/Km