

# IV TRAIL SAN ALBERTE - INDIVIDUAL -

31 ENERO 2016

CRONOMETRAXE

POS.	P.CAT.	DORSAL	NOMBRE	SEXO	CATEGORIA	CLUB	META	DIFF. 1º	RITMO
1	1	378	PIÑEIRO PÉREZ , ÓSCAR	MALE	SENIOR MAS	KENNEL DEN	01:00:42.193		04:21 min/Km
2	2	1	RODRÍGUEZ BOGA, LOIS	MALE	SENIOR MAS	REVOLUTRION TRAIL	01:02:00.653	+00:01:18.460	04:26 min/Km
3	1	44	FOLGAR POUOSO, RAMÓN	MALE	VETERANO MAS	REVOLUTRION RIVEIRA	01:04:01.143	+00:03:18.950	04:35 min/Km
4	3	333	LORENZO BLANCO , CARLOS	MALE	SENIOR MAS	CD PORTOSÍN	01:04:10.823	+00:03:28.630	04:36 min/Km
5	4	273	FERNÁNDEZ SAMPEDRO , JOSÉ MARÍA	MALE	SENIOR MAS	ASTROGAL	01:07:08.143	+00:06:25.950	04:48 min/Km
6	5	27	IGLESIAS TORRES, JOSE MANUEL	MALE	SENIOR MAS	NOITEBRA F.C.	01:09:10.923	+00:08:28.730	04:57 min/Km
7	6	412	RODRIGUEZ LOPEZ , GONZALO	MALE	SENIOR MAS	ASOCIACION DEPORTIVA CAR	01:09:21.993	+00:08:39.800	04:58 min/Km
8	2	307	GONZALEZ SANTAMARIA , JOSE MANUEL	MALE	VETERANO MAS	SOCIEDAD BARBANTIA RODA	01:09:33.373	+00:08:51.180	04:59 min/Km
9	7	217	BALDERRÁBANO MAYO , JUAN RAMÓN	MALE	SENIOR MAS	C.D. PORTOSIN	01:10:04.843	+00:09:22.650	05:01 min/Km
10	8	92	GARCIA RODRIGUEZ, JORGE MANUEL	MALE	SENIOR MAS	NOITEBRA CF	01:10:32.123	+00:09:49.930	05:03 min/Km
11	9	213	ARUFE SANTAMARIA , JUAN	MALE	SENIOR MAS	ADC ARNELA	01:10:42.933	+00:10:00.740	05:04 min/Km
12	10	205	ALONSO RODRIGUEZ , ALEJANDRO	MALE	SENIOR MAS		01:10:48.793	+00:10:06.600	05:04 min/Km
13	11	275	FERNÁNDEZ TORES , RAMÓN	MALE	SENIOR MAS	ADC ARNELA	01:11:24.123	+00:10:41.930	05:07 min/Km
14	12	344	MARTÍNEZ COMESAÑA , LUIS ENRIQUE	MALE	SENIOR MAS	COUTADAS TRAIL TEAM	01:11:48.293	+00:11:06.100	05:08 min/Km
15	13	282	FRAGA DOOPAZO , ADRIAN	MALE	SENIOR MAS		01:11:49.843	+00:11:07.650	05:08 min/Km
16	14	449	VÁZQUEZ CAMIÑO , ANTÓN	MALE	SENIOR MAS	INDEPENDIENTE	01:12:22.013	+00:11:39.820	05:11 min/Km
17	15	319	JIMÉNEZ GURREA , VICENTE RUBÉN	MALE	SENIOR MAS	NOSPORTLIMIT	01:12:27.363	+00:11:45.170	05:11 min/Km
18	16	392	REY MARTÍNEZ , ELOY	MALE	SENIOR MAS	KENNEL DEN	01:12:34.503	+00:11:52.310	05:12 min/Km
19	17	215	AYASO PÉREZ , TEO	MALE	SENIOR MAS	INDEPENDIENTE	01:12:37.923	+00:11:55.730	05:12 min/Km
20	18	318	INSUA PAZOS , EMILIO JOSÉ	MALE	SENIOR MAS	C.D. PORTOSIN	01:12:43.063	+00:12:00.870	05:12 min/Km
21	19	285	FREIRE GARCÍA , JESÚS ÁNGEL	MALE	SENIOR MAS		01:12:51.303	+00:12:09.110	05:13 min/Km
22	20	389	REQUEIJO REQUEIJO , SERGIO	MALE	SENIOR MAS	AZERBAÑAN	01:13:00.653	+00:12:18.460	05:13 min/Km
23	21	20	FIGUEIRA , TOÑO	MALE	SENIOR MAS	TRAS DO MONTE	01:13:03.953	+00:12:21.760	05:14 min/Km
24	22	306	GONZALEZ GONZALEZ , ISMAEL	MALE	SENIOR MAS	COUTADAS TRAIL TEAM	01:13:12.403	+00:12:30.210	05:14 min/Km
25	23	296	GARCÍA VIDAL , FRANCISCO JAVIER	MALE	SENIOR MAS	INDEPENDIENTE	01:13:34.993	+00:12:52.800	05:16 min/Km
26	24	292	GARCÍA GÓMEZ , JOSÉ MARÍA	MALE	SENIOR MAS	INDEPENDIENTE	01:15:06.953	+00:14:24.760	05:22 min/Km



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POS.	P.CAT.	DORSAL	NOMBRE	SEXO	CATEGORIA	CLUB	META	DIFF. 1º	RITMO
27	25	337	MALLO NIETO , JULIO	MALE	SENIOR MAS	OLIMPICO DE VEDRA	01:15:09.753	+00:14:27.560	05:23 min/Km
28	3	435	TABOADA MILLAN , CESAR	MALE	VETERANO MAS	USC	01:15:11.123	+00:14:28.930	05:23 min/Km
29	26	276	FERNÁNDEZ TORRES , OLIVIER	MALE	SENIOR MAS		01:15:12.943	+00:14:30.750	05:23 min/Km
30	1	216	BAAMONDE OTERO , ALBA	FEMALE	SENIOR FEM	COFFE TIMES NOIÉS	01:15:32.823	+00:14:50.630	05:24 min/Km
31	4	302	GOMEZ CALVIÑO , EMILIO	MALE	VETERANO MAS		01:15:33.673	+00:14:51.480	05:24 min/Km
32	27	295	GARCIA VICENTE , JACOBO	MALE	SENIOR MAS	INDEPENDIENTE	01:15:37.913	+00:14:55.720	05:25 min/Km
33	28	406	RODRÍGUEZ OTERO , MARIO	MALE	SENIOR MAS	ATLETISMO FONTES DO SAR	01:15:38.383	+00:14:56.190	05:25 min/Km
34	29	73	SAMPEDRO GUDE , JOSE	MALE	SENIOR MAS	NATURAL OUTDOOR EXPERIENCES	01:15:45.043	+00:15:02.850	05:25 min/Km
35	30	19	COÑAGO CASTRO , IGNACIO	MALE	SENIOR MAS	CLUB LUZ VERDE	01:15:56.523	+00:15:14.330	05:26 min/Km
36	5	313	HOMBRE DOPAZO , PEPE	MALE	VETERANO MAS	NATURAL OUTDOOR EXPERIENCES	01:16:26.873	+00:15:44.680	05:28 min/Km
37	31	208	ANDRES ALMENDARIZ , VÍCTOR	MALE	SENIOR MAS	INDEPENDIENTE	01:16:33.063	+00:15:50.870	05:29 min/Km
38	6	309	GOY GOMEZ , EDUARDO	MALE	VETERANO MAS	ASOCIACION DEPORTIVA CAR	01:16:57.903	+00:16:15.710	05:30 min/Km
39	32	40	TARRÍO PÉREZ , HÉCTOR	MALE	SENIOR MAS	KENNEL DEN	01:17:06.963	+00:16:24.770	05:31 min/Km
40	33	401	RODRIGUEZ FERNANDEZ , XOSEMARIA	MALE	SENIOR MAS	CLUB DEPORTIVO VAGALUME ENE	01:17:20.353	+00:16:38.160	05:32 min/Km
41	34	47	FUNGUEIRIÑO SUÁREZ , RAMÓN	MALE	SENIOR MAS		01:17:37.653	+00:16:55.460	05:33 min/Km
42	35	335	MADRIÑÁN FERNÁNDEZ , ANTONIO MANUEL	MALE	SENIOR MAS	SALOMON RUN	01:17:41.613	+00:16:59.420	05:33 min/Km
43	7	83	LORENZO BUCETA , JOSE ANTONIO	MALE	VETERANO MAS	ECOSPORT TRIBU TRAIL	01:18:04.953	+00:17:22.760	05:35 min/Km
44	36	246	CESPON PENEIREIRO , MARTIN	MALE	SENIOR MAS		01:18:06.283	+00:17:24.090	05:35 min/Km
45	37	251	COSTAS MARCOTE , ESTEBAN	MALE	SENIOR MAS		01:18:22.553	+00:17:40.360	05:36 min/Km
46	8	81	GARCIA MARTINEZ , ANGEL	MALE	VETERANO MAS		01:18:58.733	+00:18:16.540	05:39 min/Km
47	38	260	DIOS MARTÍNEZ , JOSE JOAQUIN	MALE	SENIOR MAS	NATURAL OUTDOOR EXPERIENCES	01:18:58.983	+00:18:16.790	05:39 min/Km
48	39	372	PEREZ LORENZO , OSCAR	MALE	SENIOR MAS	INDEPENDIENTE	01:19:17.863	+00:18:35.670	05:40 min/Km
49	40	31	CABEZAL SÁNCHEZ , ALEJANDRO	MALE	SENIOR MAS	INDEPENDIENTE	01:19:27.783	+00:18:45.590	05:41 min/Km
50	41	357	NIETO GONZALEZ , JOSE MANUEL	MALE	SENIOR MAS	INDEPENDIENTE	01:19:30.243	+00:18:48.050	05:41 min/Km
51	42	267	FERNÁNDEZ CASTIÑEIRA , JORGE	MALE	SENIOR MAS	INDEPENDIENTE	01:19:40.863	+00:18:58.670	05:42 min/Km
52	43	82	CASTRO NINE , MANUEL	MALE	SENIOR MAS		01:19:49.323	+00:19:07.130	05:43 min/Km
53	44	244	CASTRÓ LISTA , JOSÉ ANTONIO	MALE	SENIOR MAS	ARRE CENTELLA TRAIL	01:19:53.383	+00:19:11.190	05:43 min/Km



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54	45	85	GOMEZ OURILLE, NICOLAS	MALE	SENIOR MAS		01:19:55.243	+00:19:13.050	05:43 min/Km
55	46	403	RODRÍGUEZ GARCÍA, CARLOS	MALE	SENIOR MAS	INDEPENDIENTE	01:19:59.943	+00:19:17.750	05:43 min/Km
56	2	444	TOURIÑO FERREIRÓS, MÓNICA	FEMALE	SENIOR FEM	KENNEL DEN	01:20:02.843	+00:19:20.650	05:44 min/Km
57	47	446	TRONCOSO GÓMEZ, HÉCTOR	MALE	SENIOR MAS	INDEPENDIENTE	01:20:05.513	+00:19:23.320	05:44 min/Km
58	48	86	BOO REIRIZ, JOSE MARIA	MALE	SENIOR MAS	VIRXE DA GUIA	01:20:07.613	+00:19:25.420	05:44 min/Km
59	49	102	OSORIO DIEGUEZ, CESAR	MALE	SENIOR MAS	INDEPENDIENTE	01:20:07.753	+00:19:25.560	05:44 min/Km
60	50	433	SUAREZ DOSIL, ROGER	MALE	SENIOR MAS	FONTS DO SAR	01:20:11.083	+00:19:28.890	05:44 min/Km
61	51	360	OUJO `POUSO, LUCHO	MALE	SENIOR MAS	ADC ARNELA	01:20:15.793	+00:19:33.600	05:44 min/Km
62	52	220	BEIS CABANAS, JESUS	MALE	SENIOR MAS	CLUB ATLETISMO MONTAEVAI	01:20:49.573	+00:20:07.380	05:47 min/Km
63	53	226	BOUZAS VILAS, EMILIO	MALE	SENIOR MAS		01:21:07.433	+00:20:25.240	05:48 min/Km
64	54	370	PÉREZ GONZÁLEZ, DAVID	MALE	SENIOR MAS		01:21:10.213	+00:20:28.020	05:48 min/Km
65	55	354	MONTEAGUDO, SERGIO	MALE	SENIOR MAS		01:21:16.323	+00:20:34.130	05:49 min/Km
66	56	234	CAMPAÑA PARADA, SUSO	MALE	SENIOR MAS	INDEPENDIENTE	01:21:17.813	+00:20:35.620	05:49 min/Km
67	57	330	LÓPEZ SUAREZ, MANUEL	MALE	SENIOR MAS	ATLETISMO MONTAEVAI OPINO	01:21:23.713	+00:20:41.520	05:49 min/Km
68	58	284	FREIRE BARGO, OSCAR	MALE	SENIOR MAS	OS ESFOLA ARRÓS	01:21:40.853	+00:20:58.660	05:51 min/Km
69	59	207	AMENEIROS GOMEZ, JOSE LUIS	MALE	SENIOR MAS	CELTIC BOX	01:21:41.663	+00:20:59.470	05:51 min/Km
70	60	288	GARCIA BALBOA, ALFREDO	MALE	SENIOR MAS	CELTIC BOX	01:21:44.693	+00:21:02.500	05:51 min/Km
71	61	225	BLANCO PAMPÍN, JOSÉ MARÍA	MALE	SENIOR MAS	CLUB ATLETISMO MONTAEVAI O P	01:21:58.083	+00:21:15.890	05:52 min/Km
72	62	254	DE LA TORRE GARCIA, PACO	MALE	SENIOR MAS	C.D. PORTOSIN	01:22:08.743	+00:21:26.550	05:53 min/Km
73	63	269	FERNÁNDEZ DOMÍNGUEZ, MARCOS	MALE	SENIOR MAS	C.D. PORTOSIN	01:22:08.933	+00:21:26.740	05:53 min/Km
74	64	203	ALBÁN SALGADO, ALBERTO	MALE	SENIOR MAS	C.D. PORTOSIN	01:22:09.633	+00:21:27.440	05:53 min/Km
75	9	387	REBORDA GRAÑA, AMADOR	MALE	VETERANO MAS	ASOCIACION DEPORTIVA CAR	01:22:14.833	+00:21:32.640	05:53 min/Km
76	65	237	CARBIA MENDEZ, JUAN LUIS	MALE	SENIOR MAS	ARTROGAL TRI 498	01:22:15.873	+00:21:33.680	05:53 min/Km
77	66	383	PONTE IGLESIAS, DAVID	MALE	SENIOR MAS	INDEPENDIENTE	01:22:18.673	+00:21:36.480	05:53 min/Km
78	67	379	PIÑEIRO POUSO, ANTONIO	MALE	SENIOR MAS	PAPÁ, O CAN É NOSO	01:22:34.323	+00:21:52.130	05:54 min/Km
79	10	443	TOUCEDA ABELLEIRA, XOSE	MALE	VETERANO MAS	ATLETICO BERTAMIRANS	01:22:59.833	+00:22:17.640	05:56 min/Km
80	11	259	DIAZ PEÑA, JUAN CARLOS	MALE	VETERANO MAS	INDEPENDIENTE	01:23:08.173	+00:22:25.980	05:57 min/Km



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POS.	P.CAT.	DORSAL	NOMBRE	SEXO	CATEGORIA	CLUB	META	DIFF. 1º	RITMO
81	68	291	GARCÍA GARCÍA , DANIEL	MALE	SENIOR MAS	INDEPENDIENTE	01:23:13.993	+00:22:31.800	05:57 min/Km
82	69	448	VÁZQUEZ , EDUARDO	MALE	SENIOR MAS	RUNNING 2016	01:23:27.413	+00:22:45.220	05:58 min/Km
83	70	224	BLANCO LESTÓN , JOSÉ MANUEL	MALE	SENIOR MAS	CLUB ATLETISMO OLIMPIA	01:23:30.243	+00:22:48.050	05:58 min/Km
84	71	349	MENDEZ QUINTELA , FRANCISCO M.	MALE	SENIOR MAS	NOITEBRA F.C.	01:23:43.243	+00:23:01.050	05:59 min/Km
85	72	411	RODRIGUEZ VIDAL , DIEGO	MALE	SENIOR MAS		01:23:43.263	+00:23:01.070	05:59 min/Km
86	12	223	BERMÚDEZ TURNES , JOSÉ ANTONIO	MALE	VETERANO MAS		01:23:43.473	+00:23:01.280	05:59 min/Km
87	73	402	RODRIGUEZ FREIRIA , ISAAC	MALE	SENIOR MAS	CTC	01:23:45.193	+00:23:03.000	05:59 min/Km
88	13	415	ROMERO OLVEIRA , JOSÉ MANUEL	MALE	VETERANO MAS	VETERANOS DE SAMIL/MANUEL T	01:24:03.843	+00:23:21.650	06:01 min/Km
89	74	100	NOVO MARTÍNEZ, DAVID	MALE	SENIOR MAS	ARTROGAL TRI 498	01:24:11.643	+00:23:29.450	06:01 min/Km
90	3	14	GONZÁLEZ MARTINEZ, MARÍA	FEMALE	SENIOR FEM	INDEPENDIENTE	01:24:13.083	+00:23:30.890	06:01 min/Km
91	14	58	PEREZ CAMBEIRO, JUAN BAUTISTA	MALE	VETERANO MAS		01:24:14.243	+00:23:32.050	06:02 min/Km
92	75	460	VIGO OTERO , MARCOS	MALE	SENIOR MAS		01:24:22.923	+00:23:40.730	06:02 min/Km
93	76	222	BERMÚDEZ REMUIÑÁN , DIEGO	MALE	SENIOR MAS	INDEPENDIENTE	01:24:43.503	+00:24:01.310	06:04 min/Km
94	77	454	VAZQUEZ REIRIZ , LUIS JOSÉ	MALE	SENIOR MAS	INDEPENDIENTE	01:25:23.973	+00:24:41.780	06:06 min/Km
95	78	33	LUNA DOMINGUEZ, JUAN	MALE	SENIOR MAS	OMEGA RUNNING	01:25:26.363	+00:24:44.170	06:07 min/Km
96	79	358	ORELLÁN FERNÁNDEZ , ANXO	MALE	SENIOR MAS	NATURAL OUTDOOR EXPERIENCIES	01:25:27.683	+00:24:45.490	06:07 min/Km
97	80	315	IGLESIAS CADERNO , JUAN JOSE	MALE	SENIOR MAS	KORPORE ARENTEIRO	01:25:32.043	+00:24:49.850	06:07 min/Km
98	81	210	ANTELO MARTÍNEZ , JOSÉ RAMÓN	MALE	SENIOR MAS	INDEPENDIENTE	01:25:55.543	+00:25:13.350	06:09 min/Km
99	1	32	CALVO MARTA, SILVIA	FEMALE	VETERANO FEM		01:26:09.013	+00:25:26.820	06:10 min/Km
100	82	239	CARRIL CARRILLO , MARCOS	MALE	SENIOR MAS	CLUB ATLETISMO MONTAEVAI O P	01:26:09.333	+00:25:27.140	06:10 min/Km
101	83	321	LAZARO RICO , JOSE ANTONIO	MALE	SENIOR MAS		01:26:09.783	+00:25:27.590	06:10 min/Km
102	84	386	QUEIRUGA TRIÑANES , SUSO	MALE	SENIOR MAS	INDEPENDIENTE	01:26:19.993	+00:25:37.800	06:10 min/Km
103	15	388	REGUEIRA BOO , JOSE MATIAS	MALE	VETERANO MAS	ASOCIACION ATLETISMO E DEPOR	01:26:21.043	+00:25:38.850	06:11 min/Km
104	85	425	SARASQUETE FERNANDEZ , FRANCISCO	MALE	SENIOR MAS	CCCP RIVEIRA	01:26:40.963	+00:25:58.770	06:12 min/Km
105	86	303	GOMEZ MATO , CARLOS	MALE	SENIOR MAS		01:26:41.153	+00:25:58.960	06:12 min/Km
106	87	413	ROMERO ABALO , RODRIGO	MALE	SENIOR MAS	NOS BARES FALASE MOITO	01:26:51.423	+00:26:09.230	06:13 min/Km
107	88	381	PINTADO COSTA , JUAN MANUEL	MALE	SENIOR MAS		01:26:52.623	+00:26:10.430	06:13 min/Km





# IV TRAIL SAN ALBERTE - INDIVIDUAL -

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GALITIMING  
DUWLING

CRONOMETRAXE

POS.	P.CAT.	DORSAL	NOMBRE	SEXO	CATEGORIA	CLUB	META	DIFF. 1º	RITMO
108	16	62	PEREZ LAMPON, JOSE MANUEL	MALE	VETERANO MAS	VIRXE DA GUIA	01:26:56.213	+00:26:14.020	06:13 min/Km
109	17	4	BOO FARIÑA, SALVADOR	MALE	VETERANO MAS	INDEPENDIENTE	01:26:56.283	+00:26:14.090	06:13 min/Km
110	18	18	BURES MIGUENS, XOSE MANUEL	MALE	VETERANO MAS		01:26:56.573	+00:26:14.380	06:13 min/Km
111	89	45	CASAL SANTOS, MARCOS	MALE	SENIOR MAS	INDEPENDIENTE	01:27:00.663	+00:26:18.470	06:13 min/Km
112	90	410	RODRÍGUEZ TUBIO , ALBERTO	MALE	SENIOR MAS		01:27:05.873	+00:26:23.680	06:14 min/Km
113	91	266	FERNÁNDEZ BATISTA , DANIEL ALEJANDRO	MALE	SENIOR MAS	INDEPENDIENTE	01:27:14.823	+00:26:32.630	06:14 min/Km
114	92	52	LAIÑO SILVA, VICTOR	MALE	SENIOR MAS	NATURAL OUTDOOR EXPERIENCES	01:27:17.393	+00:26:35.200	06:15 min/Km
115	93	462	VITURRO GOMEZ , FRANCISCO	MALE	SENIOR MAS		01:27:22.703	+00:26:40.510	06:15 min/Km
116	94	60	BESADA WALDOMAR, ALEX	MALE	SENIOR MAS		01:27:22.863	+00:26:40.670	06:15 min/Km
117	19	61	COSTA LAGO, JUAN MIGUEL	MALE	VETERANO MAS	PRAIA DE CARNOTA RUNNERS	01:27:37.263	+00:26:55.070	06:16 min/Km
118	95	16	CONDE TATO, JOSE ANGEL	MALE	SENIOR MAS		01:27:39.703	+00:26:57.510	06:16 min/Km
119	96	408	RODRÍGUEZ REY , CARLOS JESUS	MALE	SENIOR MAS	INDEPENDIENTE	01:27:58.813	+00:27:16.620	06:18 min/Km
120	97	418	ROMERO VAZQUEZ , MANUEL ÁNGEL	MALE	SENIOR MAS	INDEPENDIENTE	01:28:00.363	+00:27:18.170	06:18 min/Km
121	98	17	CAMBON MANEIRO, ENRIQUE	MALE	SENIOR MAS	ADCARNELA	01:28:13.163	+00:27:30.970	06:19 min/Km
122	99	434	SUÁREZ GARCÍA , CARLOS	MALE	SENIOR MAS		01:28:13.463	+00:27:31.270	06:19 min/Km
123	20	308	GONZALEZ TRIÑANES , FERMIN	MALE	VETERANO MAS	BARBANTIA RODA	01:28:15.233	+00:27:33.040	06:19 min/Km
124	100	429	SINES CASTRO , FERNANDO	MALE	SENIOR MAS	ARTROGAL TRI 498	01:28:20.143	+00:27:37.950	06:19 min/Km
125	101	327	LÓPEZ RIVAS , DAVID	MALE	SENIOR MAS	INDEPENDIENTE	01:28:20.903	+00:27:38.710	06:19 min/Km
126	102	214	ASTRA Y LÓPEZ , PABLO	MALE	SENIOR MAS		01:28:31.053	+00:27:48.860	06:20 min/Km
127	103	447	TUBIO DAVILA , JOSE	MALE	SENIOR MAS	PORTELA MTB	01:28:57.033	+00:28:14.840	06:22 min/Km
128	104	46	TUBÍO PIÑEIRO, TOMÁS	MALE	SENIOR MAS	NOS BARES FÁLASE MOITO	01:29:07.253	+00:28:25.060	06:22 min/Km
129	21	75	LOPEZ RAMA, JESUS	MALE	VETERANO MAS	PRAIA DE CARNOTA RUNNERS	01:29:20.933	+00:28:38.740	06:23 min/Km
130	105	453	VAZQUEZ MEIJIDE , JOSE LUIS	MALE	SENIOR MAS	TRAN-TRAN	01:29:28.583	+00:28:46.390	06:24 min/Km
131	22	262	DOMINGUEZ SANMARTIN , SEBASTIAN	MALE	VETERANO MAS		01:29:35.843	+00:28:53.650	06:24 min/Km
132	106	12	FERNÁNDEZ SÁNCHEZ, DAVID	MALE	SENIOR MAS	3&RUN	01:29:38.083	+00:28:55.890	06:25 min/Km
133	107	417	ROMERO PARADA , KIKO	MALE	SENIOR MAS	BARBANTIA RODA	01:29:41.083	+00:28:58.890	06:25 min/Km
134	23	445	TRIUNFO DELGADO , GONZALO	MALE	VETERANO MAS		01:29:48.643	+00:29:06.450	06:25 min/Km



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POS.	P.CAT.	DORSAL	NOMBRE	SEXO	CATEGORIA	CLUB	META	DIFF. 1º	RITMO
135	108	364	PARADA FIGUEIRAS , JUAN JOSÉ	MALE	SENIOR MAS	3&RUN	01:29:51.813	+00:29:09.620	06:26 min/Km
136	109	394	RIAL CUTRIN , JESUS EVARISTO	MALE	SENIOR MAS	CLUB ATLETISMO MONTAEVAI O P	01:30:00.293	+00:29:18.100	06:26 min/Km
137	110	11	TOBIO GOMEZ, FERNANDO	MALE	SENIOR MAS	INDEPENDIENTE	01:30:08.463	+00:29:26.270	06:27 min/Km
138	24	396	RÍOS GIMÉNEZ , ADOLFO OMAR	MALE	VETERANO MAS	CLUBE ATLETISMO BOIMORTO	01:30:09.623	+00:29:27.430	06:27 min/Km
139	111	10	ARCA PEDRIDO, MANOLO	MALE	SENIOR MAS	ARTROGAL TRI 498	01:30:22.033	+00:29:39.840	06:28 min/Km
140	25	95	RODRIGUEZ JURJO, VITOR MANUEL	MALE	VETERANO MAS		01:30:23.033	+00:29:40.840	06:28 min/Km
141	112	103	GONZALEZ BARROS , SAMUEL	MALE	SENIOR MAS		01:30:31.933	+00:29:49.740	06:28 min/Km
142	26	293	GARCIA RODRÍGUEZ , JUAN	MALE	VETERANO MAS	INDEPENDIENTE	01:30:59.303	+00:30:17.110	06:30 min/Km
143	113	341	MARTINEZ ARES , LUIS ALBERTO	MALE	SENIOR MAS	CLUB ATLETISMO SADA MONTAÑA	01:32:06.653	+00:31:24.460	06:35 min/Km
144	114	459	VIDAL SIEIRA , ESTEBAN	MALE	SENIOR MAS	CLUB KEMPO BARBANZA	01:32:13.413	+00:31:31.220	06:36 min/Km
145	115	294	GARCÍA SOBRIDO , JOSÉ RAMÓN	MALE	SENIOR MAS	INDEPENDIENTE	01:32:14.613	+00:31:32.420	06:36 min/Km
146	4	243	CASTRO GARRIDO , YADA	FEMALE	SENIOR FEM		01:32:18.623	+00:31:36.430	06:36 min/Km
147	27	202	AGULLEIRO DÍAZ , JESÚS P.	MALE	VETERANO MAS	INDEPENDIENTE	01:32:28.103	+00:31:45.910	06:37 min/Km
148	2	311	GROBAS GARABOA , MARÍA JOSÉ	FEMALE	VETERANO FEM	CLUB ATLETISMO BOIMORTO	01:32:31.703	+00:31:49.510	06:37 min/Km
149	116	258	DIAZ CALVIÑO , MIGUEL ANGEL	MALE	SENIOR MAS	KORPORE ARENTEIRO (PANCITAS T	01:32:32.903	+00:31:50.710	06:37 min/Km
150	117	455	VÁZQUEZ VÁZQUEZ , JAVIER	MALE	SENIOR MAS		01:32:33.113	+00:31:50.920	06:37 min/Km
151	118	206	ALVAREZ RODRIGUEZ , ROBERTO	MALE	SENIOR MAS	KORPORE ARENTEIRO (PANCITAS T	01:32:33.483	+00:31:51.290	06:37 min/Km
152	119	98	FERNÁNDEZ RIAL, SANTIAGO	MALE	SENIOR MAS	INDEPENDIENTE	01:32:39.273	+00:31:57.080	06:38 min/Km
153	28	428	SERANTES MANEIRO , CAMILO	MALE	VETERANO MAS	ADC ARNELA	01:33:00.593	+00:32:18.400	06:39 min/Km
154	120	30	VILAS PAZOS, MON	MALE	SENIOR MAS		01:33:09.603	+00:32:27.410	06:40 min/Km
155	121	436	TAJES PÉREZ , JESÚS	MALE	SENIOR MAS	PRAIA DE CARNOTA RUNNERS	01:33:20.783	+00:32:38.590	06:41 min/Km
156	29	374	PÉREZ PAZ , JOSÉ MIGUEL	MALE	VETERANO MAS		01:33:24.183	+00:32:41.990	06:41 min/Km
157	122	240	CARTER , BENJAMIN	MALE	SENIOR MAS	ACADE	01:33:30.973	+00:32:48.780	06:41 min/Km
158	123	377	PIÑEIRO ABEIJON , BENITO	MALE	SENIOR MAS		01:33:37.233	+00:32:55.040	06:42 min/Km
159	124	272	FERNANDEZ OLIVEIRA , JUAN CARLOS	MALE	SENIOR MAS	INDEPENDIENTE	01:33:41.013	+00:32:58.820	06:42 min/Km
160	5	437	TARRIO MARTINEZ , MARIA	FEMALE	SENIOR FEM	CLUB ATLETISMO VAGALUME ENE	01:33:47.153	+00:33:04.960	06:42 min/Km
161	125	64	SOTO SOUTO, JOSE MANUEL	MALE	SENIOR MAS	INDEPENDIENTE	01:34:02.303	+00:33:20.110	06:44 min/Km



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POS.	P.CAT.	DORSAL	NOMBRE	SEXO	CATEGORIA	CLUB	META	DIFF. 1º	RITMO
162	126	324	LOPEZ BALEIRON , EDGAR MANUEL	MALE	SENIOR MAS	BARBANTIA RODA	01:34:22.703	+00:33:40.510	06:45 min/Km
163	127	48	MARTINEZ FANDIÑO, ADRIAN	MALE	SENIOR MAS	ARMENTEIRAEPUNTO	01:34:23.963	+00:33:41.770	06:45 min/Km
164	128	43	PENAS ESPERANTE, ALBERTO	MALE	SENIOR MAS	INDEPENDIENTE	01:34:25.753	+00:33:43.560	06:45 min/Km
165	129	320	LAMAS POSE , XOSÉ MANUEL	MALE	SENIOR MAS	INDEPENDIENTE	01:34:26.283	+00:33:44.090	06:45 min/Km
166	130	49	MARTINEZ FANDIÑO, DIEGO	MALE	SENIOR MAS	ARMENTEIRAEPUNTO	01:34:28.963	+00:33:46.770	06:45 min/Km
167	131	235	CANTELAR CES , PEDRO	MALE	SENIOR MAS	RIBEIRAS DO TAMBRE	01:34:41.783	+00:33:59.590	06:46 min/Km
168	132	13	GOMEZ FREIRE, ALVARO	MALE	SENIOR MAS	RIBEIRAS DO TAMBRE	01:34:41.803	+00:33:59.610	06:46 min/Km
169	133	350	MERA RODRIGUEZ , BRUNO	MALE	SENIOR MAS	RIBEIRAS DO TAMBRE	01:34:41.843	+00:33:59.650	06:46 min/Km
170	134	336	MALLO ESTEVEZ , OSCAR	MALE	SENIOR MAS	TRAN-TRAN	01:34:49.993	+00:34:07.800	06:47 min/Km
171	135	466	MIGUENS GARCIA , DANIEL	MALE	SENIOR MAS		01:35:16.163	+00:34:33.970	06:49 min/Km
172	136	265	FARIÑA CHARLIN , ROBERTO	MALE	SENIOR MAS	TEAM CORBELO	01:35:48.963	+00:35:06.770	06:51 min/Km
173	137	67	GRAÑA DOMÍNGUEZ, ADRIÁN	MALE	SENIOR MAS	INDEPENDIENTE	01:36:39.423	+00:35:57.230	06:55 min/Km
174	138	299	GIAO GARCIA , DANIEL	MALE	SENIOR MAS	CLUB ATLETISMO MONTAEVAI	01:36:42.693	+00:36:00.500	06:55 min/Km
175	30	96	PEREZ SUSAVILA, ANGEL	MALE	VETERANO MAS		01:36:45.963	+00:36:03.770	06:55 min/Km
176	31	430	SOMOZA GARCIA , FRANCISCO	MALE	VETERANO MAS		01:36:58.113	+00:36:15.920	06:56 min/Km
177	139	271	FERNANDEZ LORES , BRUNO	MALE	SENIOR MAS	CD RIA DE AROUSA	01:37:17.473	+00:36:35.280	06:57 min/Km
178	140	317	IGLESIAS PARDO , TINO	MALE	SENIOR MAS	ATLETISMO MILLADOIRO	01:37:20.483	+00:36:38.290	06:58 min/Km
179	141	37	AGRAFOJO PEREIRA, RAFAEL	MALE	SENIOR MAS	INDEPENDIENTE	01:37:37.083	+00:36:54.890	06:59 min/Km
180	142	274	FERNÁNDEZ TABOADA , DAVID	MALE	SENIOR MAS	GTR GALAICO TRAIL RUN	01:37:50.283	+00:37:08.090	06:60 min/Km
181	143	77	FERNÁNDEZ REGO, DAVID	MALE	SENIOR MAS	PAPÁ, O CAN É NOSO	01:38:00.503	+00:37:18.310	07:01 min/Km
182	144	252	CRUJEIRAS MIRANDA , ADRIÁN	MALE	SENIOR MAS	CCCP RIBEIRA	01:38:04.613	+00:37:22.420	07:01 min/Km
183	6	9	GONZÁLEZ GOCE, LAURA	FEMALE	SENIOR FEM	COUTADAS TRAIL TEAM	01:38:05.403	+00:37:23.210	07:01 min/Km
184	3	290	GARCÍA GARCIA , CARMEN	FEMALE	VETERANO FEM		01:38:22.583	+00:37:40.390	07:02 min/Km
185	145	211	ARIAS ARNAIZ, DIEGO	MALE	SENIOR MAS	INDEPENDIENTE	01:38:29.033	+00:37:46.840	07:03 min/Km
186	146	363	PARADA , DANIEL	MALE	SENIOR MAS		01:38:34.783	+00:37:52.590	07:03 min/Km
187	147	286	FUNGUEIRIÑO FIGUEIRA , ANTONIO	MALE	SENIOR MAS		01:38:38.813	+00:37:56.620	07:03 min/Km
188	148	300	GILDA RODRÍGUEZ , JUAN CARLOS	MALE	SENIOR MAS		01:39:03.153	+00:38:20.960	07:05 min/Km



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189	149	345	MARTÍNEZ FERNÁNDEZ , BERNARDO	MALE	SENIOR MAS	INDEPENDIENTE	01:39:08.303	+00:38:26.110	07:05 min/Km
190	150	348	MAYO BALDERRABANO , FRANCISCO MANUEL	MALE	SENIOR MAS	A.D.PORTOSIN	01:39:13.393	+00:38:31.200	07:06 min/Km
191	151	432	SOUTULLO PEREZ , GABRIEL	MALE	SENIOR MAS	INDEPENDIENTE	01:39:21.303	+00:38:39.110	07:06 min/Km
192	152	347	MARTÍNEZ SANMARTÍN , FRANCISCO	MALE	SENIOR MAS	CELTIC-BOX	01:39:26.463	+00:38:44.270	07:07 min/Km
193	32	277	FERREIROS CARNEIRO , ALBERTO	MALE	VETERANO MAS		01:40:16.443	+00:39:34.250	07:10 min/Km
194	153	461	VILARIÑO CASTRO , JOSE LUIS	MALE	SENIOR MAS	CLUB ATLETISMO MONTAEVAI O P	01:40:32.413	+00:39:50.220	07:11 min/Km
195	7	6	CAMPOS TRABAZO , IRIA	FEMALE	SENIOR FEM	ARTROGAL TRI 498	01:40:35.233	+00:39:53.040	07:12 min/Km
196	154	450	VÁZQUEZ CAMIÑO , DANIEL	MALE	SENIOR MAS	INDEPENDIENTE	01:40:40.463	+00:39:58.270	07:12 min/Km
197	155	385	PRESA DOMINGUEZ , HECTOR	MALE	SENIOR MAS		01:40:40.933	+00:39:58.740	07:12 min/Km
198	8	297	GARRIDO MIGUEZ , MARA	FEMALE	SENIOR FEM	CD RIA DE AROUSA	01:40:48.843	+00:40:06.650	07:13 min/Km
199	4	256	DEL RÍO MOSQUERA , ESTHER	FEMALE	VETERANO FEM	INDEPENDIENTE	01:40:55.343	+00:40:13.150	07:13 min/Km
200	33	391	REY GEY , RAMON	MALE	VETERANO MAS	TRAN TRAN	01:41:00.503	+00:40:18.310	07:13 min/Km
201	156	362	PAIS TRIGO , FRANCISCO	MALE	SENIOR MAS		01:41:02.903	+00:40:20.710	07:14 min/Km
202	9	400	RODRÍGUEZ DELGADO , NOELIA	FEMALE	SENIOR FEM		01:41:05.593	+00:40:23.400	07:14 min/Km
203	157	427	SEOANE GARCÍA DE SEAREZ , FRANCISCO	MALE	SENIOR MAS	ARTROGAL TRI 498	01:41:20.043	+00:40:37.850	07:15 min/Km
204	158	97	OUTEIRAL CASAL, VERI	MALE	SENIOR MAS	CROSSCAÑAS	01:41:22.503	+00:40:40.310	07:15 min/Km
205	159	54	VAZQUEZ AMOR, EDUARDO	MALE	SENIOR MAS	INDEPENDIENTE	01:41:23.863	+00:40:41.670	07:15 min/Km
206	10	257	DELGADO REGUEIRA , ESTEFANIA	FEMALE	SENIOR FEM		01:41:25.813	+00:40:43.620	07:15 min/Km
207	160	250	COSTAS DEL RIO , DIEGO	MALE	SENIOR MAS	INDEPENDIENTE	01:41:29.053	+00:40:46.860	07:15 min/Km
208	161	236	CAPON SANCHEZ , MIGUEL	MALE	SENIOR MAS	CLUB CICLISTA CORBELO	01:41:29.213	+00:40:47.020	07:15 min/Km
209	5	332	LÓPEZ VILAS , GELY	FEMALE	VETERANO FEM		01:41:32.683	+00:40:50.490	07:16 min/Km
210	162	326	LOPEZ PRECEDO , JORGE	MALE	SENIOR MAS		01:41:47.693	+00:41:05.500	07:17 min/Km
211	11	55	CAJADE BLANCO, MARÍA BEGOÑA	FEMALE	SENIOR FEM	CAR MARISQUEIRO	01:41:48.993	+00:41:06.800	07:17 min/Km
212	6	399	ROCHA LAPIDO , RAQUEL	FEMALE	VETERANO FEM	KENNEL DEN	01:41:50.573	+00:41:08.380	07:17 min/Km
213	34	340	MARIÑO SANTAMARIA , ANTONIO	MALE	VETERANO MAS	INDEPENDIENTE	01:41:58.153	+00:41:15.960	07:18 min/Km
214	12	342	MARTINEZ ARIAS , NATALIA	FEMALE	SENIOR FEM	INDEPENDIENTE	01:42:09.743	+00:41:27.550	07:18 min/Km
215	163	414	ROMERO AGRA , NESTOR	MALE	SENIOR MAS	INDEPENDIENTE	01:42:10.013	+00:41:27.820	07:18 min/Km



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216	164	421	SANMARCO JANEIRO , FABIÁN	MALE	SENIOR MAS	INDEPENDIENTE	01:42:10.613	+00:41:28.420	07:18 min/Km
217	165	365	PARADA NOVO , IVÁN	MALE	SENIOR MAS	CLUB KEMPO BARBANZA	01:42:14.453	+00:41:32.260	07:19 min/Km
218	166	373	PÉREZ PARADA , JUAN MANUEL	MALE	SENIOR MAS		01:42:14.543	+00:41:32.350	07:19 min/Km
219	167	305	GONZALEZ ENRIQUEZ , HECTOR	MALE	SENIOR MAS	INDEPENDIENTE	01:42:14.743	+00:41:32.550	07:19 min/Km
220	168	409	RODRÍGUEZ SOUTO , JOSÉ ANTONIO	MALE	SENIOR MAS	INDEPENDIENTE	01:42:22.823	+00:41:40.630	07:19 min/Km
221	35	310	GOZALEZ FRANCO , JOSE LUIS	MALE	VETERANO MAS		01:42:25.723	+00:41:43.530	07:19 min/Km
222	7	356	NIETO GONZÁLEZ , BEATRIZ	FEMALE	VETERANO FEM		01:42:32.873	+00:41:50.680	07:20 min/Km
223	169	63	LÓPEZ VILARIÑO, DAVID	MALE	SENIOR MAS		01:42:45.003	+00:42:02.810	07:21 min/Km
224	170	255	DEL ARCO MARQUIZ , SERGIO	MALE	SENIOR MAS	OLIMPICO DE VEDRA	01:43:08.983	+00:42:26.790	07:23 min/Km
225	36	331	LOPEZ VAZQUEZ , JULIO CESAR	MALE	VETERANO MAS	CLUBE ATLETISMO BOIMORTO	01:43:15.763	+00:42:33.570	07:23 min/Km
226	171	230	CAAMAÑO GONZÁLEZ , JOSÉ MANUEL	MALE	SENIOR MAS	INDEPENDIENTE	01:43:20.783	+00:42:38.590	07:23 min/Km
227	172	5	BRENLLA FAJIN, SATIRO	MALE	SENIOR MAS	TARTARUGAS	01:43:21.383	+00:42:39.190	07:23 min/Km
228	37	7	VILLANUSTRE ABUIN, GERMAN	MALE	VETERANO MAS	INDEPENDIENTE	01:43:27.693	+00:42:45.500	07:24 min/Km
229	8	368	PEREZ FONTENLA , BEGOÑA	FEMALE	VETERANO FEM	INDEPENDIENTE	01:43:30.013	+00:42:47.820	07:24 min/Km
230	173	384	PORTO MOLLINEDO , MANUEL ALEJANDRO	MALE	SENIOR MAS	ARTROGAL TRI 498	01:43:53.403	+00:43:11.210	07:26 min/Km
231	9	249	CORTÓN TESOURO , MAIUCA	FEMALE	VETERANO FEM	CD PORTOSÍN	01:43:54.953	+00:43:12.760	07:26 min/Km
232	174	99	PÉREZ OTERO, JORGE	MALE	SENIOR MAS	NATURAL OUTDOOR EXPERIENCES	01:43:57.813	+00:43:15.620	07:26 min/Km
233	175	2	RAMOS CANOSA, JORGE MANUEL	MALE	SENIOR MAS		01:44:08.103	+00:43:25.910	07:27 min/Km
234	13	398	RIVAS RIO , CRISTINA	FEMALE	SENIOR FEM	INDEPENDIENTE	01:44:29.663	+00:43:47.470	07:28 min/Km
235	176	279	FLORES RÍOS , XACOBÉ	MALE	SENIOR MAS	INDEPENDIENTE	01:44:47.523	+00:44:05.330	07:30 min/Km
236	177	424	SARASQUETE FARIÑA , PABLO	MALE	SENIOR MAS	INDEPENDIENTE	01:44:48.233	+00:44:06.040	07:30 min/Km
237	38	278	FIGUEIRA MASSA , SANTIAGO	MALE	VETERANO MAS	INDEPENDIENTE	01:44:53.743	+00:44:11.550	07:30 min/Km
238	178	90	PESTONIT FREIRE, NOE	MALE	SENIOR MAS		01:45:37.243	+00:44:55.050	07:33 min/Km
239	179	261	DOMÍNGUEZ PEDREIRA , JACOBO	MALE	SENIOR MAS	INDEPENDIENTE	01:45:43.263	+00:45:01.070	07:34 min/Km
240	14	242	CASTRO GARRIDO , DEBORA	FEMALE	SENIOR FEM		01:45:55.003	+00:45:12.810	07:34 min/Km
241	180	405	RODRIGUEZ MOLDES , VICTOR MANUEL	MALE	SENIOR MAS		01:46:01.033	+00:45:18.840	07:35 min/Km
242	39	371	PEREZ LASPRA , MELCHOR	MALE	VETERANO MAS		01:46:09.623	+00:45:27.430	07:35 min/Km



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POS.	P.CAT.	DORSAL	NOMBRE	SEXO	CATEGORIA	CLUB	META	DIFF. 1º	RITMO
243	181	431	SOTELO CONDE , CARLOS	MALE	SENIOR MAS		01:46:23.053	+00:45:40.860	07:36 min/Km
244	182	442	TOME BLANCO , CARLOS	MALE	SENIOR MAS		01:46:25.573	+00:45:43.380	07:37 min/Km
245	40	376	PEREZ TRILLO , JESUS	MALE	VETERANO MAS	PRAIA DE CARNOTA RUNNERS	01:47:01.683	+00:46:19.490	07:39 min/Km
246	183	322	LEDO FREIRIA , GABRIEL	MALE	SENIOR MAS	CAZAFANTASMAS	01:47:08.973	+00:46:26.780	07:40 min/Km
247	41	323	LIÑARES MARTINEZ , JOSE IGNACIO	MALE	VETERANO MAS	NOITEBRA F.C.	01:47:10.473	+00:46:28.280	07:40 min/Km
248	184	366	PASIN ANTELO , CESAR	MALE	SENIOR MAS	INDEPENDIENTE	01:47:11.203	+00:46:29.010	07:40 min/Km
249	185	209	ANTELO FERRO , FERNANDO	MALE	SENIOR MAS	NOITEBRA F.C.	01:47:11.333	+00:46:29.140	07:40 min/Km
250	186	201	AGEITOS GUDE , HUMBERTO	MALE	SENIOR MAS		01:47:23.533	+00:46:41.340	07:41 min/Km
251	187	53	ABOY POTEL , JOSÉ	MALE	SENIOR MAS	CCCP	01:47:23.613	+00:46:41.420	07:41 min/Km
252	10	270	FERNÁNDEZ FERNÁNDEZ , ROCIO	FEMALE	VETERANO FEM	NOSPORTLIMIT	01:47:51.253	+00:47:09.060	07:43 min/Km
253	15	416	ROMERO ONS , LUCIA	FEMALE	SENIOR FEM	CLUB ATLETISMO LOUSAME DEPO	01:48:09.453	+00:47:27.260	07:44 min/Km
254	188	338	MANEIRO CAAMAÑO , VANESSA	MALE	SENIOR MAS		01:48:29.023	+00:47:46.830	07:45 min/Km
255	189	397	RIVAS POMBO , MARCELINO	MALE	SENIOR MAS	ATLETISMO FONTES DO SAR	01:48:46.813	+00:48:04.620	07:47 min/Km
256	190	380	PIÑEIRO VÁZQUEZ , JOSÉ VICENTE	MALE	SENIOR MAS	CLUB DE ATLETISMO FONTES DO S	01:48:46.923	+00:48:04.730	07:47 min/Km
257	191	212	ARIAS GARCIA , ALFONSO	MALE	SENIOR MAS	FONTES DO SAR	01:48:47.033	+00:48:04.840	07:47 min/Km
258	192	456	VIDAL , TOÑO	MALE	SENIOR MAS		01:48:51.713	+00:48:09.520	07:47 min/Km
259	16	407	RODRIGUEZ PAÑEDA , LILIANA	FEMALE	SENIOR FEM		01:49:41.713	+00:48:59.520	07:51 min/Km
260	193	457	VIDAL LIMÉS , LUIS	MALE	SENIOR MAS	INDEPENDIENTE	01:49:51.283	+00:49:09.090	07:51 min/Km
261	194	328	LÓPEZ RIVAS , PEDRO	MALE	SENIOR MAS	INDEPENDIENTE	01:49:51.383	+00:49:09.190	07:51 min/Km
262	195	426	SEOANE FREIRE , JUAN JOSÉ	MALE	SENIOR MAS	INDEPENDIENTE	01:50:17.403	+00:49:35.210	07:53 min/Km
263	196	59	GUDE PAZ, JESÚS MANUEL	MALE	SENIOR MAS	NATURAL OUTDOOR EXPERIENCEC	01:50:20.763	+00:49:38.570	07:53 min/Km
264	197	280	FONTAÍÑA FALQUE , JAVIER	MALE	SENIOR MAS		01:50:21.183	+00:49:38.990	07:53 min/Km
265	198	339	MAQUIEIRA PATIÑO , JUDÁ	MALE	SENIOR MAS	INDEPENDIENTE	01:50:37.403	+00:49:55.210	07:55 min/Km
266	199	359	OTERO ABOY , DIEGO	MALE	SENIOR MAS	INDEPENDIENTE	01:50:37.563	+00:49:55.370	07:55 min/Km
267	200	3	CHOUZA FERREIRO, FRANCISCO JAVIER	MALE	SENIOR MAS	INDEPENDIENTE	01:51:02.627	+00:50:20.434	07:56 min/Km
268	201	22	RODRIGUEZ CID, JOSE MANUEL	MALE	SENIOR MAS	ASALTAMONTES	01:51:08.573	+00:50:26.380	07:57 min/Km
269	202	382	PIO GONZÁLEZ , MIGUEL ANGEL	MALE	SENIOR MAS	INDEPENDIENTE	01:51:54.193	+00:51:12.000	07:60 min/Km



RECLAMACIONES E INCIDENCIAS SERAN ATENDIDAS EN : [INFO@GALITIMING.COM](mailto:INFO@GALITIMING.COM)

# IV TRAIL SAN ALBERTE - INDIVIDUAL -

31 ENERO 2016

CRONOMETRAXE

POS.	P.CAT.	DORSAL	NOMBRE	SEXO	CATEGORIA	CLUB	META	DIFF. 1º	RITMO
270	203	39	NEGREIRA BARCIA, DANIEL	MALE	SENIOR MAS	ATLETISMO FONTES DO SAR	01:51:56.943	+00:51:14.750	07:60 min/Km
271	204	233	CAEIRO CASÁS , EMILIO ANTONIO	MALE	SENIOR MAS	TRAN-TRAN	01:53:26.413	+00:52:44.220	08:07 min/Km
272	11	452	PEREZ MARTINEZ ,BELEN	FEMALE	VETERANO FEM	OLIMPIA	01:54:40.503	+00:53:58.310	08:12 min/Km
273	205	264	DOSIL ROSENDE , PABLO	MALE	SENIOR MAS	ARTROGAL - TRI 498	01:56:06.663	+00:55:24.470	08:18 min/Km
274	17	440	TATO MOSQUERA , IRENE	FEMALE	SENIOR FEM	IRMÁS TATO DO MARZO SAÚDE	01:56:33.503	+00:55:51.310	08:20 min/Km
275	18	79	TOMÉ CAO, VANESA	FEMALE	SENIOR FEM	INDEPENDIENTE	01:58:31.773	+00:57:49.580	08:28 min/Km
276	206	241	CASAL RODRÍGUEZ , JUAN	MALE	SENIOR MAS	CELTIC-BOX	01:59:48.803	+00:59:06.610	08:34 min/Km
277	19	441	TEMBRA PENEIREIRO , ISABEL	FEMALE	SENIOR FEM		02:00:21.573	+00:59:39.380	08:36 min/Km
278	207	245	CESPON PENEIREIRO , CARLOS	MALE	SENIOR MAS		02:00:21.633	+00:59:39.440	08:36 min/Km
279	208	68	GONZALEZ PEREZ, FRANCISCO JAVIER	MALE	SENIOR MAS	NATURAL OUTDOOR EXPERIENCES	02:02:00.163	+01:01:17.970	08:43 min/Km
280	209	361	OVIEDO DE LA FUENTE , MANUEL	MALE	SENIOR MAS	INDEPENDIENTE	02:03:30.507	+01:02:48.314	08:50 min/Km
281	210	74	LAIÑO VIDAL, CARLOS	MALE	SENIOR MAS	CLUB KEMPO BARBANZA	02:06:50.443	+01:06:08.250	09:04 min/Km
282	211	316	IGLESIAS MUÑIZ , CARLOS	MALE	SENIOR MAS	RO-BALIZA	02:10:34.703	+01:09:52.510	09:20 min/Km
283	20	334	LOUREIRO GARRIDO , ALEXIA	FEMALE	SENIOR FEM	RO-BALIZA	02:10:34.903	+01:09:52.710	09:20 min/Km



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