

IV TRAIL RIBEIRA SACRA 2019

- GENERAL 47K -

13 OCTUBRE 2019

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	COTROL	NETO	OFICIAL	DIF	RITMO
1	1	489	SILVA , RICARDO	MALE	ABSOLUTA-M	EDV - VIANA TRAIL	04:46:59	05:06:39	05:06:46		06:32 min/Km
2	1	342	ALVAREZ RÓDRIGUEZ , JORGE LUIS	MALE	VET-M	CDM VILLABLINO TRAIL	05:23:00	05:44:39	05:44:43	+00:37:57	07:21 min/Km
3	2	491	SOTELO MARTÍNEZ , EDUARDO	MALE	ABSOLUTA-M	CORREDOIRAS TRAIL BUEU	05:27:32	05:52:28	05:52:31	+00:45:45	07:31 min/Km
4	3	399	GONZALEZ , ALEX	MALE	ABSOLUTA-M	C.D.M. XESTEIRAS	05:29:46	05:56:50	05:56:55	+00:50:09	07:36 min/Km
5	2	380	FERNANDEZ GARCIA , JOSE MANUEL	MALE	VET-M	CDM VERTICE	05:40:12	06:03:22	06:03:42	+00:56:56	07:45 min/Km
6	4	396	GIL BERNARDEZ , JOSE MANUEL GIL BERNARDEZ	MALE	ABSOLUTA-M		05:40:13	06:08:08	06:08:14	+01:01:28	07:51 min/Km
7	3	377	ELOSUA CAPELLAN , JUAN	MALE	VET-M	TRIBU TRAIL	05:40:14	06:08:43	06:08:47	+01:02:01	07:51 min/Km
8	4	474	RODRÍGUEZ GONZÁLEZ , RAMON	MALE	VET-M	KORPOREARENTEIRO TRAIL	05:56:31	06:13:55	06:14:03	+01:07:17	07:58 min/Km
9	5	422	MANEIRO FREIRE , VICTOR	MALE	VET-M	TRIBU TRAIL	05:56:32	06:16:10	06:16:17	+01:09:31	08:01 min/Km
10	6	438	NAVIA GARCIA , JAVIER	MALE	VET-M	CAZAFANTASMAS	05:56:33	06:21:47	06:21:51	+01:15:05	08:08 min/Km
11	5	486	SANTANA FERNANDEZ , ANDRES	MALE	ABSOLUTA-M	IN CORPORE SANO EL HIERRO	05:59:34	06:25:53	06:25:57	+01:19:11	08:13 min/Km
12	7	488	SECO FERNÁNDEZ , RUBÉN	MALE	VET-M	A.M.E BESTARRUZA	06:01:10	06:25:55	06:26:05	+01:19:19	08:13 min/Km
13	8	351	BARROSO , MOISÉS	MALE	VET-M	ABCANSADO TRAIL	06:06:44	06:31:48	06:31:57	+01:25:11	08:21 min/Km
14	6	414	LESTON DEL RIO , ADELINO	MALE	ABSOLUTA-M	AD DOWNHILL	06:05:12	06:32:24	06:32:45	+01:25:59	08:22 min/Km
15	9	382	FERNÁNDEZ MARTÍNEZ , SANTI	MALE	VET-M	CAZAFANTASMAS	06:08:57	06:38:08	06:38:24	+01:31:38	08:29 min/Km
16	7	454	PORTAL LOSADA , MIGUEL	MALE	ABSOLUTA-M	A.M.E BESTARRUZA	06:10:58	06:45:54	06:46:03	+01:39:17	08:39 min/Km
17	10	434	MONTOTO DOMÍNGUEZ , JOSE	MALE	VET-M	KORPOREARENTEIRO TRAIL	06:18:27	06:47:19	06:47:26	+01:40:40	08:41 min/Km
18	11	394	GARCIA RODRIGUEZ , JORGE MANUEL	MALE	VET-M	TRIBUTRIL	06:23:28	06:50:41	06:50:45	+01:43:59	08:45 min/Km
19	8	465	RODAL ABAL , FRANCISCO	MALE	ABSOLUTA-M		06:29:01	06:55:23	06:55:31	+01:48:45	08:51 min/Km
20	12	359	CABARCOS MIRAGAYA , MANUEL	MALE	VET-M	CAV MONTAÑA	06:33:02	06:59:27	06:59:39	+01:52:53	08:56 min/Km
21	9	365	CHAO RAMIL , PABLO	MALE	ABSOLUTA-M	MAIS QUE AUGA	06:39:28	06:48:02	07:05:35	+01:58:49	09:04 min/Km
22	13	350	BARRIO GONZÁLEZ , ROBER	MALE	VET-M	RUTAS DEL BIERZO	06:55:29	07:10:07	07:10:14	+02:03:28	09:10 min/Km
23	14	331	ABUIN FERNÁNDEZ , ANTONIO	MALE	VET-M	MONTEPENARUBIA	07:55:29	07:13:33	07:13:37	+02:06:51	09:14 min/Km
24	15	370	DE ABREU , PAULINO	MALE	VET-M	SOLOPISADAS	06:57:45	07:25:19	07:25:47	+02:19:01	09:30 min/Km
25	10	402	GONZALEZ FERNANDEZ , FELIX	MALE	ABSOLUTA-M	CD XENTE CORRENDERA	06:57:35	07:25:35	07:25:47	+02:19:01	09:30 min/Km
26	16	347	AYERDI CONDE , UNAI	MALE	VET-M	GÜINNERS	07:07:09	07:35:14	07:35:33	+02:28:47	09:42 min/Km
27	17	346	AYERDI CONDE , AITOR	MALE	VET-M	GÜINNERS	07:07:09	07:35:14	07:35:33	+02:28:47	09:42 min/Km
28	11	411	JANEIRO CERDEIRA , JAVIER	MALE	ABSOLUTA-M	KORPOREARENTEIRO TRAIL	07:07:07	07:36:34	07:36:52	+02:30:06	09:44 min/Km
29	12	468	RODRIGUEZ , IGNACIO	MALE	ABSOLUTA-M	INDEPENDIENTE	07:08:03	07:39:26	07:39:30	+02:32:44	09:47 min/Km
30	1	481	RUBIO FERNÁNDEZ , LUPE	FEMALE	ABSOLUTA-F	PASA OU ENTORNA	07:08:32	07:39:17	07:39:30	+02:32:44	09:47 min/Km
31	13	447	PEREIRA GUTIÉRREZ , EMILIO JOSÉ	MALE	ABSOLUTA-M	TRIBU TRAIL	07:08:33	07:42:42	07:42:47	+02:36:01	09:51 min/Km
32	18	401	GONZÁLEZ BORRAJO , JOSÉ MANUEL	MALE	VET-M	RUNNING SPORT TRAIL	07:08:34	07:42:58	07:43:07	+02:36:21	09:52 min/Km
33	19	385	FERNANDEZ RAMOS , ALEJANDRO	MALE	VET-M	NOSPORTLIMIT	07:14:15	07:44:10	07:44:15	+02:37:29	09:53 min/Km
34	14	368	CORDAL VAZQUEZ , FELIPE	MALE	ABSOLUTA-M	INDEPENDIENTE	07:16:16	07:48:28	07:48:39	+02:41:53	09:59 min/Km
35	20	373	DIAZ CALVIÑO , MIGUEL ANGEL	MALE	VET-M	CLUB BOX 001 OURENSE RUNMANIAK	07:24:22	07:51:21	07:51:32	+02:44:46	10:02 min/Km
36	2	391	FERNÁNDEZ YÁÑEZ , SANDRA	FEMALE	ABSOLUTA-F	XESTEIRAS	07:24:23	07:51:28	07:51:49	+02:45:03	10:03 min/Km

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37	21	475	RODRIGUEZ MARCOS , JUAN FERNANDO	MALE	VET-M	INDEPENDIENTE	07:24:24	07:51:29	07:52:06	+02:45:20	10:03 min/Km
38	22	384	FERNANDEZ PEREZ , ANTONIO	MALE	VET-M	NTA-NEVER TRAIL ALONE	07:26:43	07:54:30	07:54:42	+02:47:56	10:06 min/Km
39	23	403	GONZÁLEZ GONZÁLEZ , FLORINDO	MALE	VET-M	INDEPENDIENTE	07:27:31	07:57:44	07:58:10	+02:51:24	10:11 min/Km
40	1	479	RODRÍGUEZ VIDAL , BELÉN	FEMALE	VET-F	X TRAIL VIGO	07:32:23	08:03:55	08:04:05	+02:57:19	10:18 min/Km
41	24	354	BLANCO ROMERO , JOSE KARLOS	MALE	VET-M	CLUB BOX 001 OURENSE RUN MANIAK	07:40:01	08:07:35	08:07:44	+03:00:58	10:23 min/Km
42	15	490	SIMÓN SÁNCHEZ , JAVIER	MALE	ABSOLUTA-M		07:39:05	08:10:03	08:10:22	+03:03:36	10:26 min/Km
43	16	366	CONDE PALETEIRO , RAFA	MALE	ABSOLUTA-M	ZONA3 CLUB DEPORTIVO	07:40:01	08:10:30	08:10:34	+03:03:48	10:27 min/Km
44	25	429	MENENDEZ RODRÍGUEZ , ROBERTO	MALE	VET-M	CLUB MUÉVE -T G.M MOSCÓN	07:45:02	08:13:21	08:13:46	+03:07:00	10:31 min/Km
45	17	440	NIETO VELASCO , DAVID	MALE	ABSOLUTA-M	NOSPORTLIMIT	07:47:03	08:16:40	08:16:49	+03:10:03	10:35 min/Km
46	26	455	POUSA FERNANDEZ , JOSE MANUEL	MALE	VET-M		07:46:04	08:16:40	08:16:51	+03:10:05	10:35 min/Km
47	27	499	VÁZQUEZ VÁZQUEZ , JAVIER	MALE	VET-M		07:46:20	08:17:12	08:17:21	+03:10:35	10:35 min/Km
48	28	419	LOSADA FERNÁNDEZ , ROBERTO	MALE	VET-M	CLUB BOX 001 RUNMANIAK	07:51:37	08:24:22	08:24:32	+03:17:46	10:45 min/Km
49	29	410	IGLESIAS RABANAL , ALFONSO	MALE	VET-M	MELSACRA MIEL TRADICIONAL	07:51:37	08:24:08	08:24:32	+03:17:46	10:45 min/Km
50	30	501	VILLASENIN ALMUIÑA , BERNARDO	MALE	VET-M		07:57:42	08:31:07	08:31:21	+03:24:35	10:53 min/Km
51	31	492	SOTO GARCÍA , FRANCISCO	MALE	VET-M	ARCADIA	08:03:41	08:35:35	08:35:53	+03:29:07	10:59 min/Km
52	32	407	HERNANDEZ FEBLES , QUICO	MALE	VET-M	IN CORPORE SANO EL HIERRO	08:04:08	08:38:54	08:39:00	+03:32:14	11:03 min/Km
53	33	433	MONTERO CRESPO , SANTIAGO	MALE	VET-M	INDEPENDIENTE	08:07:42	08:44:43	08:44:57	+03:38:11	11:11 min/Km
54	18	409	IGLESIAS CRESPO , ROGELIO	MALE	ABSOLUTA-M	CABUXAS TOLAS	08:14:20	08:46:19	08:46:34	+03:39:48	11:13 min/Km
55	19	428	MÉNDEZ CUADRADO , ROBERTO	MALE	ABSOLUTA-M	INDEPENDIENTE	08:21:22	08:54:06	08:54:24	+03:47:38	11:23 min/Km
56	34	467	RODRIGUES GONÇALVES , FILIPE	MALE	VET-M	MONTAÑA OURENSE ATLETISMO	08:19:05	08:54:30	08:54:59	+03:48:13	11:23 min/Km
57	20	386	FERNÁNDEZ RODRÍGUEZ , ALBERTO	MALE	ABSOLUTA-M	TRAIL RUNNIG FONSAGRADA	08:16:44	08:55:08	08:55:30	+03:48:44	11:24 min/Km
58	35	453	PORTA VALES , DOMINGO TOMAS	MALE	VET-M	INDEPENDIENTE	08:18:30	08:55:08	08:55:31	+03:48:45	11:24 min/Km
59	36	369	COUTO ARNAIZ , LUIS	MALE	VET-M	CLUB DE MONTAÑA O CAXADO	08:21:19	08:56:02	08:56:13	+03:49:27	11:25 min/Km
60	2	348	BALLESTEROS ENCINAS , CARMEN	FEMALE	VET-F	FONDISTAS TOLEDANOS	08:18:30	08:59:42	08:59:56	+03:53:10	11:30 min/Km
61	37	405	GONZALEZ RODRIGUEZ , OSCAR	MALE	VET-M	INDEPENDIENTE	08:33:20	09:04:39	09:05:01	+03:58:15	11:36 min/Km
62	21	461	RIADIGOS VILLAR , ADRIÁN	MALE	ABSOLUTA-M	GTR -GALAICO TRAIL RUN	08:29:46	09:05:39	09:05:52	+03:59:06	11:37 min/Km
63	38	452	PEREZ PEDREIRA , PABLO	MALE	VET-M	GTR - GALAICO TRAIL RUN	08:29:46	09:05:42	09:05:52	+03:59:06	11:37 min/Km
64	3	448	PEREZ , ELENA	FEMALE	VET-F		08:32:50	09:07:17	09:07:24	+04:00:38	11:39 min/Km
65	39	400	GONZALEZ ALBA , ANDRES	MALE	VET-M		08:32:50	09:10:30	09:10:49	+04:04:03	11:44 min/Km
66	4	363	CASAL OLIVEIRA , MANUELA	FEMALE	VET-F	TRIBU TRAIL	08:36:55	09:10:57	09:11:22	+04:04:36	11:44 min/Km
67	40	487	SANTOS POSE , JOSÉ MANUEL	MALE	VET-M	KILÓMETRO VERTICAL	08:36:56	09:11:16	09:11:23	+04:04:37	11:44 min/Km
68	41	478	RODRIGUEZ QUINTAS , JOSE	MALE	VET-M	RUNNING SPORT TRAIL	08:36:56	09:11:31	09:11:45	+04:04:59	11:45 min/Km
69	42	458	QUINTANA MORAIS , RICARDO	MALE	VET-M	INDEPENDIENTE	08:36:56	09:11:32	09:12:18	+04:05:32	11:46 min/Km
70	43	345	ARCE AMOR , LALO	MALE	VET-M	BOX001 OURENSE RUNMANIAK	08:42:12	09:17:01	09:17:18	+04:10:32	11:52 min/Km
71	44	480	RODRÍGUEZ VISO , MARCOS	MALE	VET-M	CLUB BOX 001 OURENSE RUN MANIAK	08:42:14	09:17:02	09:17:18	+04:10:32	11:52 min/Km
72	22	459	RAMÍREZ PADRÓN , JUAN CARLOS	MALE	ABSOLUTA-M	CAÍ CADR TRAIL	08:43:19	09:22:25	09:22:28	+04:15:42	11:59 min/Km

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73	5	392	FORMOSO NOCEDA , TINA	FEMALE	VET-F	TRIBU TRAIL	08:45:48	09:24:23	09:24:28	+04:17:42	12:01 min/Km
74	45	361	CARRERA DE CASTRO , JORGE	MALE	VET-M	INDEPENDIENTE	08:45:48	09:24:15	09:24:28	+04:17:42	12:01 min/Km
75	3	383	FERNANDEZ OTERO , PAULA	FEMALE	ABSOLUTA-F	NTA-NEVER TRAIL ALONE	08:49:43	09:24:26	09:24:38	+04:17:52	12:01 min/Km
76	46	445	PAZO PEREZ , IVAN MANUEL	MALE	VET-M		08:55:43	09:29:50	09:30:11	+04:23:25	12:08 min/Km
77	23	462	RINDON ARCAJ , NESTOR	MALE	ABSOLUTA-M	INDEPENDIENTE	08:55:50	09:29:49	09:30:11	+04:23:25	12:08 min/Km
78	47	358	CABADO POU , JUAN	MALE	VET-M	ARCADIA	08:55:43	09:29:50	09:30:11	+04:23:25	12:08 min/Km
79	48	393	GARCIA CARPINTERO DIAZ , ANTONIO	MALE	VET-M	CLUB TRIATLON CORUÑA	08:56:25	09:33:35	09:33:55	+04:27:09	12:13 min/Km
80	6	476	RODRIGUEZ MILLA , OLGA	FEMALE	VET-F	PIRATES DE LA MUNTANYA	08:55:43	09:33:38	09:33:55	+04:27:09	12:13 min/Km
81	49	338	ALVAREZ FARO , ALVARO	MALE	VET-M		08:56:25	09:34:32	09:34:43	+04:27:57	12:14 min/Km
82	50	374	DIAZ-MIGUEL BARBERAN , ANTONIO	MALE	VET-M	KINKILLEROS DE LAS CUMBRES MANCHEGAS	08:56:25	09:34:33	09:34:43	+04:27:57	12:14 min/Km
83	7	356	BOTANA GONZALEZ , SONIA	FEMALE	VET-F	NOSPORTLIMIT	08:56:25	09:36:18	09:36:31	+04:29:45	12:16 min/Km
84	24	485	SANJURJO LOZANO , ALBERTO	MALE	ABSOLUTA-M	TOXIZA CLUBE DE MONTAÑA	08:58:33	09:36:50	09:37:01	+04:30:15	12:17 min/Km
85	25	464	RIVERA TRIANA , ELÍAS	MALE	ABSOLUTA-M	RUNNING SARRIA	09:04:04	09:39:45	09:39:52	+04:33:06	12:21 min/Km
86	26	413	LAGUNA FERNÁNDEZ , FRANCISCO	MALE	ABSOLUTA-M	INDEPENDIENTE	09:08:24	09:47:09	09:47:20	+04:40:34	12:30 min/Km
87	27	446	PEDROSA GIL , JOSÉ MANUEL	MALE	ABSOLUTA-M		09:04:04	09:49:08	09:49:31	+04:42:45	12:33 min/Km
88	4	421	MAGDALENA CASTAÑO , TATIANA	FEMALE	ABSOLUTA-F	G.M. EL ALBA	09:16:23	09:52:14	09:52:21	+04:45:35	12:37 min/Km
89	28	420	LOURIDO MARTÍNEZ , JAVIER	MALE	ABSOLUTA-M	AS VELLAS NON PARAMOS	09:16:24	09:51:57	09:52:21	+04:45:35	12:37 min/Km
90	51	417	LÓPEZ SÁNCHEZ , JAIME	MALE	VET-M	VIRXIGUIANOS TRAIL - CLUB SACHACAMIÑOS	09:13:55	09:53:01	09:53:28	+04:46:42	12:38 min/Km
91	52	451	PEREZ LAMPON , JOSE MANUEL	MALE	VET-M	VIRXIGUIANOS TRAIL - CLUB SACHACAMIÑOS	09:16:23	09:53:02	09:53:29	+04:46:43	12:38 min/Km
92	8	333	ALEJANDRE OJEA , CHUS	FEMALE	VET-F	KORPOREARENTEIRO TRAIL	09:16:23	09:53:08	09:53:30	+04:46:44	12:38 min/Km
93	9	463	RIVEIRO GÓMEZ , DORA	FEMALE	VET-F	KORPOREARENTEIRO TRAIL	09:16:23	09:53:10	09:53:30	+04:46:44	12:38 min/Km
94	53	355	BOO REIRIZ , JOSE MARIA	MALE	VET-M	VIRXIGUIANOS TRAIL - CLUB SACHACAMIÑOS	09:13:55	09:53:12	09:53:39	+04:46:53	12:38 min/Km
95	29	435	MORALES SALLÉS , PABLO	MALE	ABSOLUTA-M	RAZASTUR XTREM	09:16:23	09:55:44	09:55:52	+04:49:06	12:41 min/Km
96	30	439	NEIRA PEREZ , RAUL	MALE	ABSOLUTA-M	INDEPENDIENTE	09:21:51	10:03:31	10:03:37	+04:56:51	12:51 min/Km
97	5	376	DOBROVOLSKAITE , ERIKA	FEMALE	ABSOLUTA-F	INDEPENDIENTE	09:21:52	10:06:25	10:06:42	+04:59:56	12:55 min/Km
98	31	425	MARTÍNEZ MARTIN , IVÁN	MALE	ABSOLUTA-M	C.A.R. MARISQUEIRO	09:40:09	10:27:40	10:28:04	+05:21:18	13:22 min/Km
99	54	436	MURADAS NÚÑEZ , CARLOS	MALE	VET-M	BOX001 OURENSE RUNMANIAK	09:54:28	10:36:59	10:37:23	+05:30:37	13:34 min/Km
100	55	497	VÁZQUEZ ALVEREZ , JOSÉ MANUEL	MALE	VET-M	GRUPO CUEVAS NOGUEIRA TRAIL	10:05:00	10:48:00	10:48:23	+05:41:37	13:48 min/Km
101	6	390	FERNÁNDEZ YÁÑEZ , NURIA	FEMALE	ABSOLUTA-F	XESTEIRAS	10:03:31	10:52:33	10:52:55	+05:46:09	13:54 min/Km
102	10	415	LOIS , BEGO	FEMALE	VET-F	RUNNING OLEIROS	10:16:49	11:02:01	11:02:06	+05:55:20	14:06 min/Km
103	56	430	MIGUELEZ ALEJANDRE , CARLOS	MALE	VET-M			11:01:47	11:02:07	+05:55:21	14:06 min/Km
104	57	450	PÉREZ FERNÁNDEZ , JOSE ANTONIO	MALE	VET-M	GRUPO CUEVAS NOGUEIRA TRAIL		12:07:47	12:07:48	+07:01:02	15:30 min/Km