

IV CROSS DE LARIÑO 2016

- ABSOLUTA -

2 OCTUBRE 2016

POS.	P.CAT.	DORSAL	PARTICIPANTE	CATEGORIA	CLUB	META	DIFF.	RITMO
1	1	64	VIEITES CARBALLO, MANUEL	VETERAN 1-M		00:39:48.740		03:38 min/Km
2	2	6	FOLGAR POUZO , RAMÓN IGNACIO	VETERAN 1-M		00:40:36.350	+00:00:47.610	03:42 min/Km
3	1	23	MARTINEZ ANTA , EMILIO	VETERAN 2-M	EGOVARROS DE VIVEIRO	00:40:54.160	+00:01:05.420	03:44 min/Km
4	3	8	GARCIA ABALO , KIKO	VETERAN 1-M	MASAXES KIKO	00:42:39.690	+00:02:50.950	03:53 min/Km
5	4	11	GONZÁLEZ REY , JOSECHO	VETERAN 1-M	PRAIA DE CARNOTA RUNNERS	00:42:44.180	+00:02:55.440	03:54 min/Km
6	5	10	GONZÁLEZ REY , BONI	VETERAN 1-M	PRAIA DE CARNOTA RUNNERS	00:42:59.350	+00:03:10.610	03:55 min/Km
7	6	57	FORMOSO OTERO, JOSE VICENTE	VETERAN 1-M		00:43:26.040	+00:03:37.300	03:57 min/Km
8	7	17	LAGO SANTIAGO , KIKO	VETERAN 1-M	A.D. OLIMPIA	00:43:38.830	+00:03:50.090	03:59 min/Km
9	1	15	LAGO PARIS , KIKO	SENIOR-M	INDEPENDIENTE	00:44:07.240	+00:04:18.500	04:01 min/Km
10	2	58	CAMPOS SANTIAGO, ANGEL	SENIOR-M		00:44:20.500	+00:04:31.760	04:02 min/Km
11	1	18	LAGO TRILLO , BRAIS	XUVENIL-M		00:44:24.280	+00:04:35.540	04:03 min/Km
12	8	62	MARTINEZ SESTAYO, MANUEL	VETERAN 1-M		00:45:27.820	+00:05:39.080	04:08 min/Km
13	9	63	MARTINEZ SESTAYO, SAUL	VETERAN 1-M		00:47:15.460	+00:07:26.720	04:18 min/Km
14	10	60	BARBEITO GESTAL, RAUL	VETERAN 1-M		00:48:14.050	+00:08:25.310	04:24 min/Km
15	11	19	LAREO CREO , JUAN JAVIER	VETERAN 1-M	PONTE TRAIL	00:48:59.530	+00:09:10.790	04:28 min/Km
16	2	4	FABIAN GONZALEZ , DIONISIO	VETERAN 2-M	INDEPENDIENTE	00:49:30.790	+00:09:42.050	04:31 min/Km
17	12	16	LAGO SABORIDO , FRAN	VETERAN 1-M	INDEPENDIENTE	00:50:29.550	+00:10:40.810	04:36 min/Km
18	3	28	TAJES PÉREZ , JESÚS	SENIOR-M	PRAIA DE CARNOTA RUNNERS	00:50:43.050	+00:10:54.310	04:37 min/Km
19	13	27	TAJES FORMOSO , ABEL	VETERAN 1-M	C.C.MUROS	00:51:46.330	+00:11:57.590	04:43 min/Km
20	1	7	FORMOSO NOCEDA , TINA	VETERAN 1-F		00:52:26.160	+00:12:37.420	04:47 min/Km
21	14	3	CANOSA GOSENDE , JOSÉ M ^a	VETERAN 1-M	A.D. OLIMPIA	00:53:58.340	+00:14:09.600	04:55 min/Km
22	15	12	LAGO , TONO	VETERAN 1-M		00:56:19.730	+00:16:30.990	05:08 min/Km
23	2	25	PEREZ MARTINEZ , BELEN	VETERAN 1-F	A.D. OLIMPIA	00:58:22.590	+00:18:33.850	05:19 min/Km
24	16	9	GARCIA FERRIO , JUAN CARLOS	VETERAN 1-M		00:58:22.970	+00:18:34.230	05:19 min/Km
25	17	24	MAYO CAAMAÑO , JOSÉ MANUEL	VETERAN 1-M		00:58:22.990	+00:18:34.250	05:19 min/Km
26	18	5	FERNANDEZ MARTINEZ , JOAQUIN	VETERAN 1-M	PLAIA DE LARIÑO RUNNERS	01:06:16.380	+00:26:27.640	06:02 min/Km
27	19	13	LAGO CAAMAÑO , PASCUAL	VETERAN 1-M		01:06:21.340	+00:26:32.600	06:02 min/Km