

# XV CAMIÑADA DE MONTAÑA DE ENTRIMO

- 50 KMS -  
- GENERAL -

21 ABRIL 2018

POS.	P-SEXO	NUMBER	PARTICIPANT	SEX	CLUB	ANILLO 1	RITMO	ANILLO 2	RITMO	TOTAL	RITMO MEDIO
1	1	41	DE ABREU , PAULINO	MALE	TRAIL VETERANOS OURENSE/SOLOPISADAS	03:25:06.853	08:33 min/Km	03:45:28.490	08:41 min/Km	<b>07:10:35.343</b>	08:37 min/Km
2	2	11	ASOREY CACHEDA , JOSÉ	MALE	XISTRA	03:26:14.323	08:36 min/Km	04:01:37.640	09:18 min/Km	<b>07:27:51.963</b>	08:58 min/Km
3	1	94	PEREIRA GIRALDEZ , SERAFINA	FEMALE	XISTRA	03:42:02.763	09:16 min/Km	03:48:02.640	08:47 min/Km	<b>07:30:05.403</b>	09:01 min/Km
4	3	15	BARBOSA GONZALEZ , RODRIGO	MALE	XISTRA	03:42:03.753	09:16 min/Km	03:48:02.440	08:47 min/Km	<b>07:30:06.193</b>	09:01 min/Km
5	2	60	GARCIA DA SILVA , MONICA	FEMALE	AVIVA SPORT CLUB	03:27:46.493	08:40 min/Km	04:04:51.210	09:26 min/Km	<b>07:32:37.703</b>	09:04 min/Km
6	4	115	ROMERO RODRIGUEZ , MARTIN	MALE	AVIVA SPORT CLUB	03:27:45.733	08:40 min/Km	04:04:52.910	09:26 min/Km	<b>07:32:38.643</b>	09:04 min/Km
7	5	30	CARRIL COMESAÑA , ROBERTO	MALE	AVIVA SPORT CLUB	03:27:50.343	08:40 min/Km	04:04:48.840	09:25 min/Km	<b>07:32:39.183</b>	09:04 min/Km
8	6	111	RODRIGUES GONÇALVES , FILIPE	MALE	TRAIL VETERANOS DE OURENSE/SOLOPISADAS	03:24:09.553	08:31 min/Km	04:09:11.100	09:36 min/Km	<b>07:33:20.653</b>	09:05 min/Km
9	7	44	DE DIOS DIAZ , LUIS	MALE	I.T.B.S.	03:29:55.853	08:45 min/Km	04:09:02.050	09:35 min/Km	<b>07:38:57.903</b>	09:11 min/Km
10	8	24	CAJARAVILLE FRANCISCO , MARCOS	MALE	CDM XESTEIRAS	03:30:50.577	08:48 min/Km	04:08:08.107	09:33 min/Km	<b>07:38:58.683</b>	09:11 min/Km
11	9	82	MERINO ENCINAS , JOSE MIGUEL	MALE	XISTRA	03:42:01.663	09:16 min/Km	04:00:43.220	09:16 min/Km	<b>07:42:44.883</b>	09:16 min/Km
12	10	12	AUTRAN LOSADA , EDUARDO	MALE	I.T.B.S.	03:29:59.903	08:45 min/Km	04:13:22.240	09:45 min/Km	<b>07:43:22.143</b>	09:17 min/Km
13	11	104	REBOYRAS VILLAVARDE , ARTURO MANUEL	MALE	I.T.B.S	03:29:55.133	08:45 min/Km	04:13:35.890	09:46 min/Km	<b>07:43:31.023</b>	09:17 min/Km
14	12	139	ALVAREZ FARO , ALVARO	MALE		03:28:02.373	08:41 min/Km	04:15:31.260	09:50 min/Km	<b>07:43:33.633</b>	09:17 min/Km
15	13	137	RUIBAL GARCIA , ALBERTO	MALE		03:47:12.383	09:29 min/Km	04:21:22.960	10:04 min/Km	<b>08:08:35.343</b>	09:47 min/Km
16	14	54	FERNÁNDEZ OITABEN , JULIO	MALE	XISTRA	03:46:57.797	09:28 min/Km	04:21:40.237	10:04 min/Km	<b>08:08:38.033</b>	09:47 min/Km
17	15	50	FAJARDO PIÑEIRO , JUAN JOSE	MALE	CLUB DEP.INTERNATIONAL TREKKERS BARBANZA SAR	03:41:49.007	09:15 min/Km	04:33:27.180	10:32 min/Km	<b>08:15:16.187</b>	09:55 min/Km
18	3	3	ALCALDE GARCÍA , CONCHA	FEMALE	VINTEDOUSPES	03:43:46.983	09:20 min/Km	04:31:29.640	10:27 min/Km	<b>08:15:16.623</b>	09:55 min/Km
19	16	101	PIÑEIRO RODRÍGUEZ , RAMON	MALE	VINTEDOUSPES	03:43:47.783	09:20 min/Km	04:31:28.930	10:27 min/Km	<b>08:15:16.713</b>	09:55 min/Km
20	17	25	CALVIÑO ALVES , PEPE	MALE	I.T.B.S.	04:34:56.040	11:28 min/Km	03:52:25.273	08:57 min/Km	<b>08:27:21.313</b>	10:09 min/Km
21	18	57	FORNOS CORRAL , ROSENDO	MALE	MONTE CAXADO	03:49:55.273	09:35 min/Km	04:39:55.120	10:46 min/Km	<b>08:29:50.393</b>	10:12 min/Km
22	19	105	REGUEIRO GOMEZ , VICTOR M.	MALE	C.M. O CAXADO ( AS PONTES )	03:54:14.633	09:46 min/Km	04:35:36.300	10:37 min/Km	<b>08:29:50.933</b>	10:12 min/Km
23	20	28	CANOSA MARTÍNEZ , MANUEL JULIAN	MALE	CLUB DE MONTAÑA O CAXADO	03:49:55.383	09:35 min/Km	04:39:55.910	10:46 min/Km	<b>08:29:51.293</b>	10:12 min/Km
24	21	138	PÉREZ FERNÁNDEZ , JOSE ANTONIO	MALE		03:38:10.803	09:06 min/Km	04:55:51.240	11:23 min/Km	<b>08:34:02.043</b>	10:17 min/Km
25	22	134	OUTOMURO SEARA , DAVID	MALE		03:38:40.020	09:07 min/Km	04:55:22.263	11:22 min/Km	<b>08:34:02.283</b>	10:17 min/Km
26	23	46	DO PAZO DIAZ , XOSE	MALE	XISTRA	03:58:06.483	09:56 min/Km	04:37:19.390	10:40 min/Km	<b>08:35:25.873</b>	10:19 min/Km
27	24	20	BELTRAO VILELA , MANUEL FERNANDO	MALE	TRAIL VETERANOS DE OURENSE/SOLOPISADAS	04:01:33.543	10:04 min/Km	04:37:07.410	10:40 min/Km	<b>08:38:40.953</b>	10:23 min/Km
28	25	67	GRANADA OTERO , MANUEL FRANCISCO	MALE	XISTRA	04:07:16.823	10:19 min/Km	04:34:48.230	10:35 min/Km	<b>08:42:05.053</b>	10:27 min/Km
29	26	4	ALMEIDA DOMÍNGUEZ , VICTOR	MALE	INDEPENDIENTE	03:57:56.903	09:55 min/Km	04:45:59.750	10:60 min/Km	<b>08:43:56.653</b>	10:29 min/Km
30	27	34	CERQUEIRA ALONSO , FERNANDO	MALE	XISTRA	03:59:37.673	09:60 min/Km	04:48:29.930	11:06 min/Km	<b>08:48:07.603</b>	10:34 min/Km
31	28	65	GONZÁLEZ PÉREZ , UXÍO	MALE	XISTRA	03:59:31.793	09:59 min/Km	04:48:36.540	11:07 min/Km	<b>08:48:08.333</b>	10:34 min/Km
32	29	32	CASTRO OUTEDA , SANTIAGO	MALE	ITBS	04:01:07.090	10:03 min/Km	04:47:42.163	11:04 min/Km	<b>08:48:49.253</b>	10:35 min/Km
33	4	81	MARTINEZ TRIGO , CARMEN MARÍA	FEMALE	FONTIÑAS-TRABANDAINAS	04:00:48.720	10:03 min/Km	04:48:01.043	11:05 min/Km	<b>08:48:49.763</b>	10:35 min/Km
34	30	129	VAZQUEZ SOTELO , JUAN JOSE	MALE	TRAIL VETERANOS OURENSE/SOLOPISADAS	03:49:37.083	09:35 min/Km	04:59:28.920	11:32 min/Km	<b>08:49:06.003</b>	10:35 min/Km
35	31	72	LABORDA ALVAREZ , JOSE BENITO	MALE		03:49:45.623	09:35 min/Km	04:59:22.370	11:31 min/Km	<b>08:49:07.993</b>	10:35 min/Km
36	32	38	COSTAS COMESAÑA , TELMO	MALE	CLUB PEÑA TREVINCA	03:59:50.723	09:60 min/Km	04:50:44.130	11:11 min/Km	<b>08:50:34.853</b>	10:37 min/Km
37	33	10	ARTOS GONZÁLEZ , BELARMINO	MALE	CLUB PEÑA TREVINCA	03:59:56.303	09:60 min/Km	04:50:39.470	11:11 min/Km	<b>08:50:35.773</b>	10:37 min/Km
38	34	99	PEREZ PEREZ , JUAN ANDRES	MALE		03:59:34.427	09:59 min/Km	04:53:32.873	11:18 min/Km	<b>08:53:07.300</b>	10:40 min/Km
39	35	96	PEREIRO PUGA , FRANCISCO JAVIER	MALE	CLUB PEÑA TREVINCA	03:57:56.043	09:55 min/Km	04:56:10.300	11:24 min/Km	<b>08:54:06.343</b>	10:41 min/Km
40	36	51	FANDIÑO PEREZ , EVARISTO	MALE	MONTAÑEIRO CELTAS	03:59:26.943	09:59 min/Km	04:55:26.290	11:22 min/Km	<b>08:54:53.233</b>	10:42 min/Km

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21 ABRIL 2018

POS.	P-SEXO	NUMBER	PARTICIPANT	SEX	CLUB	ANILLO 1	RITMO	ANILLO 2	RITMO	TOTAL	RITMO MEDIO
41	37	8	ÁLVAREZ RODRÍGUEZ, JOSÉ	MALE	XISTRA	04:01:31.493	10:04 min/Km	04:53:21.970	11:17 min/Km	<b>08:54:53.463</b>	10:42 min/Km
42	38	90	PEDREIRA PRIETO, RAÚL	MALE	INDEPENDIENTE	04:04:42.803	10:12 min/Km	05:08:46.880	11:53 min/Km	<b>09:13:29.683</b>	11:05 min/Km
43	5	76	LIMIA PEÑA, ROSA MARIA	FEMALE	ATLETAS VETERANOS OURENSE	03:53:49.323	09:45 min/Km	05:26:18.270	12:34 min/Km	<b>09:20:07.593</b>	11:13 min/Km
44	39	130	VAZQUEZ VAZQUEZ, ANTONIO	MALE		03:53:51.923	09:45 min/Km	05:26:17.350	12:33 min/Km	<b>09:20:09.273</b>	11:13 min/Km
45	40	62	GONZALEZ FERNANDEZ, ANTONIO	MALE		04:01:23.383	10:04 min/Km	05:21:10.810	12:22 min/Km	<b>09:22:34.193</b>	11:16 min/Km
46	41	26	CAMPOS MARTINEZ, JOSÉ	MALE		04:04:37.233	10:12 min/Km	05:17:58.340	12:14 min/Km	<b>09:22:35.573</b>	11:16 min/Km
47	42	108	RIOS CACHEDA, OSCAR LUIS	MALE		04:04:40.983	10:12 min/Km	05:17:57.210	12:14 min/Km	<b>09:22:38.193</b>	11:16 min/Km
48	43	80	MARIÑO MARIÑO, ANTONIO	MALE	I.T.B.S.	04:00:48.263	10:03 min/Km	05:22:28.960	12:25 min/Km	<b>09:23:17.223</b>	11:16 min/Km
49	44	64	GONZÁLEZ LOJO, FRANCISCO	MALE	ITBS	04:13:49.473	10:35 min/Km	05:26:48.897	12:35 min/Km	<b>09:40:38.370</b>	11:37 min/Km
50	45	109	RIOS CERVIÑO, FRANCISCO	MALE		04:08:25.397	10:22 min/Km	05:32:12.980	12:47 min/Km	<b>09:40:38.370</b>	11:37 min/Km
51	46	121	SENOVILLA SANZ, JOSÉ CARLOS	MALE	XISTRA	04:18:25.973	10:47 min/Km	05:33:26.740	12:50 min/Km	<b>09:51:52.713</b>	11:51 min/Km
52	6	43	DE DIEGO DE DIEGO, HENAR	FEMALE	XISTRA	04:18:22.483	10:46 min/Km	05:33:30.660	12:50 min/Km	<b>09:51:53.143</b>	11:51 min/Km
53	7	33	CASTRO PADÍN, MARGARITA	FEMALE	CLUB ARMENTEIRA E PUNTO	04:34:14.973	11:26 min/Km	05:17:56.100	12:14 min/Km	<b>09:52:11.073</b>	11:51 min/Km
54	47	84	MOSQUERA LONGUEIRA, XOSÉ ANTÓN	MALE	CD FONTIÑAS	04:29:25.903	11:14 min/Km	05:24:12.950	12:29 min/Km	<b>09:53:38.853</b>	11:53 min/Km
55	48	45	DÍAZ GARCÍA, JOSE MANUEL	MALE		04:31:26.783	11:19 min/Km	05:22:26.850	12:25 min/Km	<b>09:53:53.633</b>	11:53 min/Km
56	49	123	SOTO SALCEDA, AVELINO	MALE		04:13:56.823	10:35 min/Km	05:41:29.760	13:09 min/Km	<b>09:55:26.583</b>	11:55 min/Km
57	50	140	OUTEIRIÑO MIGUEZ, FRANCISCO	MALE		04:41:46.593	11:45 min/Km	05:13:58.230	12:05 min/Km	<b>09:55:44.823</b>	11:55 min/Km
58	8	126	URGAL GONZALEZ, MARIA	FEMALE		04:34:51.480	11:28 min/Km	05:20:56.293	12:21 min/Km	<b>09:55:47.773</b>	11:55 min/Km
59	51	17	BARROSA PICON, EDUARDO	MALE	XISTRA	03:58:55.213	09:58 min/Km	05:58:40.770	13:48 min/Km	<b>09:57:35.983</b>	11:58 min/Km
60	9	133	LURDES PIRES, ANGELINA	FEMALE		03:58:52.603	09:58 min/Km	05:58:43.760	13:48 min/Km	<b>09:57:36.363</b>	11:58 min/Km
61	10	21	BLANCO DIEGUEZ, MARGARITA	FEMALE	ESCOLA ATLETISMO DEZA	03:54:59.423	09:48 min/Km	06:02:57.200	13:58 min/Km	<b>09:57:56.623</b>	11:58 min/Km
62	11	55	FERRADAS BLANCO, EMMA	FEMALE	ESCOLA ATLETISMO DEZA	03:55:01.353	09:48 min/Km	06:03:04.660	13:58 min/Km	<b>09:58:06.013</b>	11:58 min/Km
63	52	119	SEGUIN RODRIGUEZ, DANIEL	MALE	INDEPENDIENTE	04:54:38.083	12:17 min/Km	05:04:39.640	11:44 min/Km	<b>09:59:17.723</b>	11:60 min/Km
64	12	52	FERNÁNDEZ CASALDERREY, MARINA	FEMALE	INDEPENDIENTE	04:34:19.287	11:26 min/Km	05:30:55.573	12:44 min/Km	<b>10:05:14.860</b>	12:07 min/Km
65	13	89	OUTEIRAL RESUA, J. GUADALUPE	FEMALE	CAR MARISQUEIRO	04:34:31.353	11:27 min/Km	05:38:21.420	13:01 min/Km	<b>10:12:52.773</b>	12:16 min/Km
66	14	63	GONZÁLEZ GARCÍA, CAROLINA	FEMALE	ITBS	04:34:30.383	11:27 min/Km	05:38:23.700	13:01 min/Km	<b>10:12:54.083</b>	12:16 min/Km
67	15	35	CID MUÑIZ, MARÍA ISABEL	FEMALE		04:34:29.893	11:27 min/Km	05:38:25.750	13:01 min/Km	<b>10:12:55.643</b>	12:16 min/Km
68	53	23	BRAVO CARRAL, IVÁN	MALE		04:34:31.633	11:27 min/Km	05:38:25.000	13:01 min/Km	<b>10:12:56.633</b>	12:16 min/Km
69	16	14	BARBEITO GREGORES, ALBA	FEMALE	CORNELIOS - MARQUÉS DE VIZHOJA	04:34:40.293	11:27 min/Km	05:38:48.517	13:02 min/Km	<b>10:13:28.810</b>	12:17 min/Km
70	54	18	BAS FERNANDEZ, DAVID	MALE	CORNELIOS - MARQUÉS DE VIZHOJA	04:34:52.173	11:28 min/Km	05:38:37.660	13:02 min/Km	<b>10:13:29.833</b>	12:17 min/Km
71	55	100	PEREZ TOURIS, CARLOS	MALE	I.T.B.S.	04:36:19.403	11:31 min/Km	05:40:12.910	13:06 min/Km	<b>10:16:32.313</b>	12:20 min/Km
72	17	19	BECERRA FERNANDEZ, BEATRIZ	FEMALE	INDEPENDIENTE	04:33:35.900	11:24 min/Km	05:42:56.503	13:12 min/Km	<b>10:16:32.403</b>	12:20 min/Km
73	56	29	CARBALLO FALCON, ANGEL	MALE	INDEPENDIENTE	04:31:55.253	11:20 min/Km	05:46:14.800	13:20 min/Km	<b>10:18:10.053</b>	12:22 min/Km
74	57	58	FREIXEIRO CAMESELLE, XOSE HENRIQUE	MALE	XISTRA	04:34:26.983	11:27 min/Km	05:47:26.330	13:22 min/Km	<b>10:21:53.313</b>	12:27 min/Km
75	58	59	FREIXEIRO LOPEZ, XOSE LOIS	MALE	XISTRA	04:31:33.353	11:19 min/Km	05:50:22.910	13:29 min/Km	<b>10:21:56.263</b>	12:27 min/Km
76	18	7	ÁLVAREZ RODRÍGUEZ, IRENE	FEMALE		04:57:54.173	12:25 min/Km	05:24:09.140	12:29 min/Km	<b>10:22:03.313</b>	12:27 min/Km
77	59	48	DOMINGUEZ MOVILLA, DANIEL	MALE	INDEPENDIENTE	04:52:29.283	12:12 min/Km	05:29:34.070	12:41 min/Km	<b>10:22:03.353</b>	12:27 min/Km
78	60	136	REVEIRA IGLESIAS, ALBERTO	MALE		04:52:30.043	12:12 min/Km	05:29:33.780	12:41 min/Km	<b>10:22:03.823</b>	12:27 min/Km
79	61	83	MOROÑO ARENAS, SANTIAGO	MALE	XISTRA	04:34:38.343	11:27 min/Km	06:06:56.100	14:07 min/Km	<b>10:41:34.443</b>	12:50 min/Km
80	62	5	ALMEIDA FERREIRA, VICTOR MANUEL	MALE	INDEPENDIENTE	04:42:49.050	11:48 min/Km	05:58:51.823	13:49 min/Km	<b>10:41:40.873</b>	12:51 min/Km

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21 ABRIL 2018

- 50 KMS -  
- GENERAL -

POS.	P.SEXO	NUMBER	PARTICIPANT	SEX	CLUB	ANILLO 1	RITMO	ANILLO 2	RITMO	TOTAL	RITMO MEDIO
81	63	127	VAZQUEZ PELAEZ , ANTONIO	MALE		05:03:18.203	12:39 min/Km	05:47:43.347	13:23 min/Km	<b>10:51:01.550</b>	13:02 min/Km
82	19	27	CANALES CRIADO , ALMUDENA	FEMALE	CLUB AROMON MONTEVEDRA MONTAÑEIROS A ROELO	04:40:39.423	11:42 min/Km	06:10:43.800	14:16 min/Km	<b>10:51:23.223</b>	13:02 min/Km
83	20	1	ABELLÁS ALVAREZ , RAMONA	FEMALE	CLUB AROMON MONTEVEDRA MONTAÑEIROS A ROELO	04:40:40.893	11:42 min/Km	06:10:42.630	14:16 min/Km	<b>10:51:23.523</b>	13:02 min/Km
84	64	103	QUEREJETA AMOEDO , SEGUNDO	MALE	CLUB AROMON MONTEVEDRA MONTAÑEIROS A ROELO	04:40:42.853	11:42 min/Km	06:10:41.070	14:16 min/Km	<b>10:51:23.923</b>	13:02 min/Km
85	21	106	RENDO CANEDA , ROSARIO	FEMALE		04:52:03.653	12:11 min/Km	06:20:14.610	14:38 min/Km	<b>11:12:18.263</b>	13:27 min/Km
86	65	125	SOUTULLO RENDO , MANUEL	MALE		05:00:56.323	12:33 min/Km	06:11:22.200	14:18 min/Km	<b>11:12:18.523</b>	13:27 min/Km
87	66	131	VEIGA MARTINEZ , BRUNO	MALE	XISTRA	04:58:32.253	12:27 min/Km	06:13:53.640	14:23 min/Km	<b>11:12:25.893</b>	13:27 min/Km
88	22	128	VAZQUEZ RODRIGUEZ , VANESA	FEMALE	XISTRA	05:00:19.703	12:31 min/Km	06:12:07.650	14:19 min/Km	<b>11:12:27.353</b>	13:27 min/Km
89	67	9	AMIEIRO BECERRA , JESÚS	MALE	XISTRA	04:44:05.263	11:51 min/Km	06:38:44.440	15:21 min/Km	<b>11:22:49.703</b>	13:40 min/Km
90	23	117	SANTAMARÍA CALO , PILAR	FEMALE	TRABANDAINAS	04:46:05.263	11:56 min/Km	06:37:09.723	15:17 min/Km	<b>11:23:14.987</b>	13:40 min/Km
91	68	98	PÉREZ LÓPEZ , ANTONIO	MALE		04:45:13.640	11:54 min/Km	06:54:49.983	15:58 min/Km	<b>11:40:03.623</b>	14:01 min/Km
92	69	75	LEÓN DOMÍNGUEZ , ÓSCAR	MALE	INDEPENDIENTE	04:54:35.143	12:17 min/Km	07:20:49.200	16:58 min/Km	<b>12:15:24.343</b>	14:43 min/Km
93	70	92	PERDÍZ DAVILA , ANDRÉS	MALE	INDEPENDIENTE	04:54:36.563	12:17 min/Km	07:20:48.220	16:58 min/Km	<b>12:15:24.783</b>	14:43 min/Km