

POS.	P.CAT.	DORSAL	PARTICIPANTE	CATEGORIA	CLUB	META	RITMO
1	1	303	PAZÓ GIRALDEZ , DANIEL	MALE	VET-M	ATHLETISMO BAIONA	02:19:48 06:40 min/Km
2	2	357	LOSADA CONDE , FEDERICO	MALE	VET-M	CASTRO-TRAIL	02:22:19 06:47 min/Km
3	1	342	QUINTIÁN AGRAFOJO , CHEMA	MALE	AB-M	TRIBU TRAIL	02:25:40 06:57 min/Km
4	3	302	SANMARTIN GONZALEZ , ALEX	MALE	VET-M	GRUPO CUEVAS NOGUEIRA TRAIL	02:25:57 06:57 min/Km
5	4	411	FERNÁNDEZ VÁZQUEZ , JOSÉ MANUEL	MALE	VET-M		02:27:31 07:02 min/Km
6	5	203	SANTOS , CESAR	MALE	VET-M		02:28:43 07:05 min/Km
7	6	205	GONZALEZ ALVAREZ , JOSE MANUEL	MALE	VET-M		02:29:00 07:06 min/Km
8	7	301	SOTELO MARTINEZ , EDUARDO	MALE	VET-M	CORREDOIRAS BUEU	02:29:28 07:08 min/Km
9	8	307	IGLESIAS BARROS , ALBERTO	MALE	VET-M	LODEIROS TRAIL	02:31:17 07:13 min/Km
10	1	461	RODRÍGUEZ GONZÁLEZ , RAMÓN	MALE	VET-2-M	KORPOREARENTEIRO TRAIL	02:35:15 07:24 min/Km
11	2	332	LOPEZ VILLAVERDE , AYTHAMI	MALE	AB-M	TRAILEROS TOXOS Y BIRRAS	02:37:16 07:30 min/Km
12	3	346	BOTANA DOLDAN , DANIEL	MALE	AB-M	TRAILEROS TOXOS E BIRRAS	02:38:40 07:34 min/Km
13	9	457	AFONSO , PEDRO	MALE	VET-M	METASIMPOSIBLES.COM	02:41:08 07:41 min/Km
14	2	320	TABOADA PAMPIN , ALBERTO	MALE	VET-2-M	NTA-NEVER TRAIL ALONE	02:41:49 07:43 min/Km
15	4	347	MANEIRO TRILLO , DANIEL	MALE	AB-M	TRIBU TRAIL	02:43:37 07:48 min/Km
16	5	384	REBOREDO SANJURJO , IVÁN	MALE	AB-M	TRAILEROS TOXOS E BIRRAS	02:44:57 07:52 min/Km
17	6	382	FERNÁNDEZ POUSADA , IVÁN	MALE	AB-M	TRAILEROS TOXOS E BIRRAS	02:44:58 07:52 min/Km
18	7	310	MIGUEZ ÁLVAREZ , DIEGO	MALE	AB-M	CAZAFANTASMAS TEAM	02:45:00 07:52 min/Km
19	10	394	ALBORÉS MIGUEZ , JORGE	MALE	VET-M		02:45:16 07:53 min/Km
20	8	309	FERNANDEZ LOPEZ , PABLO	MALE	AB-M		02:45:55 07:55 min/Km
21	9	396	QUERENTES SANTOS , JORGE	MALE	AB-M	TRIBU TRAIL	02:46:54 07:57 min/Km
22	10	345	RODRIGUEZ GONZALEZ , DAMIAN	MALE	AB-M		02:48:28 08:02 min/Km
23	11	370	RODRIGUEZ LOPEZ , GONZALO	MALE	VET-M	C.A.R REDONDELA	02:48:45 08:03 min/Km
24	3	416	SOTO SANROMAN , JOSE	MALE	VET-2-M		02:49:48 08:06 min/Km
25	12	308	RODRIGUEZ SILVA , ISAAC	MALE	VET-M		02:49:53 08:06 min/Km
26	13	306	LAGO GRAÑA , ROBERTO	MALE	VET-M	LODEIRO TRAIL	02:51:10 08:10 min/Km
27	14	378	GONZÁLEZ GONZÁLEZ , ISMAEL	MALE	VET-M	COUTADAS TRAIL TEAM	02:51:42 08:11 min/Km
28	4	368	RODRIGUEZ SILVA , FRANCISCO	MALE	VET-2-M		02:52:20 08:13 min/Km

DESAFIOIA TRAIL 2021

- 21KM -

30 MAYO 2021

CRONOMETRAXE

POS.	P.CAT.	DORSAL	PARTICIPANTE	CATEGORIA	CLUB	META	RITMO
29	11	364	ALVAREZ GIRALDEZ , FRAN	MALE	AB-M	02:53:43	08:17 min/Km
30	12	470	FERNÁNDEZ MARTÍNEZ , RUBEN	MALE	AB-M CASTRO TRAIL	02:54:18	08:18 min/Km
31	15	367	MUÑOZ LÓPEZ , FRANCISCO	MALE	VET-M CASTRO TRAIL	02:54:19	08:19 min/Km
32	5	401	GRAÑA LOPEZ , JOSÉ CARLOS	MALE	VET-2-M LODEIROS TRAIL	02:54:56	08:20 min/Km
33	16	453	MELLA SANCHEZ , PABLO	MALE	VET-M AD JARNACHAS	02:55:17	08:21 min/Km
34	13	458	VÁZQUEZ FERNÁNDEZ , PEPIX	MALE	AB-M S.A. TREGA	02:56:26	08:25 min/Km
35	17	388	GONZALEZ VERDE , JAVIER	MALE	VET-M	02:56:44	08:25 min/Km
36	14	450	ACOSTA ALFONSO , PABLO	MALE	AB-M AL FILO DE LO INFRUNGIBLE	02:57:08	08:27 min/Km
37	15	443	VILAR MIJON , MIGUEL	MALE	AB-M	02:59:12	08:32 min/Km
38	16	315	PEREZ ALONSO , SERGIO	MALE	AB-M AS LEBRES DE OIA	02:59:28	08:33 min/Km
39	18	436	ALONSO ABALDE , MIGUEL	MALE	VET-M ESPARTANOSCHIFLADOS	02:59:47	08:34 min/Km
40	19	468	FERNÁNDEZ GARCÍA , ROBERTO	MALE	VET-M CONDADO TRAIL	02:59:52	08:34 min/Km
41	20	451	CHAO RAMIL , PABLO	MALE	VET-M MAIS QUE AUGA	03:01:47	08:40 min/Km
42	21	327	GONZÁLEZ IGLESIAS , ÁNGEL	MALE	VET-M	03:02:28	08:42 min/Km
43	17	389	JANEIRO CERDEIRA JANEIRO CERDEIRA , JAVIER	MALE	AB-M KORPOREARENTEIRO TRAIL	03:04:02	08:46 min/Km
44	22	455	SIO OTERO , PABLO	MALE	VET-M CAZAFANTASMAS	03:05:33	08:51 min/Km
45	18	349	LORENZO QUIROZ , DAVID	MALE	AB-M KORPOREARENTEIRO TRAIL	03:06:32	08:53 min/Km
46	19	487	ALONSO PEREIRA , YAGO	MALE	AB-M OBJETIVO TRAIL	03:06:41	08:54 min/Km
47	23	471	MORAIS MARTINEZ , RUBEN	MALE	VET-M	03:06:44	08:54 min/Km
48	24	350	LOSADA CONDE , DAVID	MALE	VET-M CASTRO-TRAIL	03:07:35	08:56 min/Km
49	25	480	RUBIO SÁNCHEZ , TONI	MALE	VET-M OS CORZOS DE ORTEGAL	03:08:49	08:60 min/Km
50	20	360	GÓMEZ LOSADA , FERNANDO	MALE	AB-M AVIVA SPORT CLUB	03:08:54	08:60 min/Km
51	6	459	PIÑA TEIJEIRA , RAFAEL	MALE	VET-2-M	03:11:40	09:08 min/Km
52	21	331	MARTÍNEZ CONDOM , ARNAU	MALE	AB-M	03:11:50	09:09 min/Km
53	1	445	SERPES PEREIRA , NATALIA	FEMALE	AB-F TRIBU TRAIL	03:12:11	09:10 min/Km
54	22	390	LAGO RUILOBA , JAVIER	MALE	AB-M	03:13:06	09:12 min/Km
55	26	412	MISA GOMEZ , JOSE MANUEL	MALE	VET-M	03:13:47	09:14 min/Km
56	27	325	MARIÑO ÁLVAREZ , VALERIANO	MALE	VET-M AS LEBRES DE OIA	03:14:11	09:15 min/Km
57	7	474	LEMONS VIEIRA , JOAO PAULO	MALE	VET-2-M	03:15:08	09:18 min/Km

DESAFIOIA TRAIL 2021

- 21KM -

30 MAYO 2021

CRONOMETRAXE

POS.	P.CAT.	DORSAL	PARTICIPANTE	CATEGORIA	CLUB	META	RITMO
58	23	329	ALONSO ACEVEDO , ANTÓN	MALE	AB-M	03:15:12	09:18 min/Km
59	28	441	NOVO REGUEIRA , MIGUEL	MALE	VET-M CLUB ATLETISMO PORRIÑO	03:15:40	09:20 min/Km
60	29	419	GONZALEZ ROADE , JUAN	MALE	VET-M TRIBU TRAIL	03:16:26	09:22 min/Km
61	24	446	LEMOS MIRANDA , NICO	MALE	AB-M	03:16:38	09:22 min/Km
62	25	371	GRANDAL CHIVITE , GUILLERMO	MALE	AB-M C.D.BIOSBARDO	03:16:49	09:23 min/Km
63	8	326	GONZÁLEZ MARTINEZ , AMALIO	MALE	VET-2-M CAMINHANTES DO CONDADO	03:17:30	09:25 min/Km
64	30	403	RODRIGUEZ FERNÁNDEZ , JOSE JAVIER	MALE	VET-M	03:18:20	09:27 min/Km
65	26	387	FERNÁNDEZ GÓMEZ , JAVIER	MALE	AB-M CASTRO-TRAIL	03:19:11	09:30 min/Km
66	31	430	RODRÍGUEZ PÉREZ , MANUEL	MALE	VET-M	03:19:34	09:31 min/Km
67	27	314	PÉREZ ALONSO , SANTIAGO	MALE	AB-M AS LEBRES DE OIA	03:20:20	09:33 min/Km
68	9	478	PASCUAL CANAL , SERAFIN	MALE	VET-2-M GRUPO CUEVAS NOGUEIRA TRAIL	03:21:05	09:35 min/Km
69	32	361	MARTÍNEZ GARCIA , FERNANDO	MALE	VET-M	03:21:08	09:35 min/Km
70	28	344	ÁLVAREZ GUTIÉRREZ , DAMIAN	MALE	AB-M CASTRO-TRAIL	03:21:40	09:37 min/Km
71	33	335	CASTRO ALONSO , CANDIDO	MALE	VET-M PICOTA CAPITAL	03:22:31	09:39 min/Km
72	34	467	EXPOSITO EXPOSITO , ROBERTO	MALE	VET-M	03:22:39	09:39 min/Km
73	35	422	FERNANDEZ SOLIÑO , JUAN MARCOS	MALE	VET-M CAZAFANTASMAS TEAM	03:22:50	09:40 min/Km
74	1	447	ROMERO RODRÍGUEZ , NURIA	FEMALE	VET-F OS CORZOS DO ORTEGAL	03:23:05	09:41 min/Km
75	36	440	MERA CUEVAS , MIGUEL	MALE	VET-M CAMINHANTES DO CONDADO	03:25:06	09:46 min/Km
76	29	454	REGUEIRA MARTÍNEZ , PABLO	MALE	AB-M ATLETISMO PORRIÑO	03:25:27	09:47 min/Km
77	37	438	DIAZ CALVIÑO , MIGUEL ANGEL	MALE	VET-M RUNMANIAK BOX 001 OURENSE	03:25:46	09:48 min/Km
78	38	381	CASTRO MARTÍNEZ , ISRAEL	MALE	VET-M COUTADAS TRAIL TEAM	03:26:06	09:49 min/Km
79	39	432	IGLESIAS FERNANDEZ , MARCOS	MALE	VET-M CAZAFANTASMAS TEAM	03:26:22	09:50 min/Km
80	40	380	VAZQUEZ SUAREZ , MANUEL	MALE	VET-M COUTADAS TRAIL TEAM	03:26:32	09:51 min/Km
81	30	328	RODRÍGUEZ PORTELA , ANSELMO	MALE	AB-M AS LEBRES DE OIA	03:26:35	09:51 min/Km
82	2	456	MENDEZ TAPIAS , PAZ	FEMALE	VET-F LODEIROS	03:27:55	09:55 min/Km
83	41	433	MARTÍNEZ SUEIRO , MARCOS	MALE	VET-M	03:28:00	09:55 min/Km
84	10	426	CENDÓN DIZ , LUCIANO	MALE	VET-2-M KORPOREARENTEIRO TRAIL	03:29:20	09:59 min/Km
85	3	319	INSUA ALONSO , SILVIA	FEMALE	VET-F	03:30:01	10:01 min/Km
86	4	340	GARCÍA DE EUSEBIO , CELESTE	FEMALE	VET-F PERNAS CELTAS	03:31:06	10:04 min/Km

DESAFIOIA TRAIL 2021

- 21KM -

30 MAYO 2021

CRONOMETRAXE

POS.	P.CAT.	DORSAL	PARTICIPANTE	CATEGORIA	CLUB	META	RITMO
87	31	351	OLIVEIRA RODRIGUEZ , DAVID	MALE	AB-M	03:35:57	10:17 min/Km
88	11	484	GARCÍA PEREZ , VÍCTOR MANUEL	MALE	VET-2-M CLUB ATLETISMO PORRIÑO	03:35:58	10:18 min/Km
89	12	475	FERNANDEZ MONTERO , SALADINO	MALE	VET-2-M	03:36:30	10:19 min/Km
90	32	359	GARCÍA LÓPEZ , FERNANDO	MALE	AB-M	03:36:41	10:20 min/Km
91	13	415	RODRIGUEZ PAZ , JOSE	MALE	VET-2-M	03:36:48	10:20 min/Km
92	14	406	ALONSO MARTINEZ , JOSE MANUEL	MALE	VET-2-M KORPOREARENTEIRO TRAIL	03:37:17	10:21 min/Km
93	42	420	GARCIA DIAZ , JUAN JOSE	MALE	VET-M ORIXES MONDARIZ	03:37:23	10:22 min/Km
94	43	338	MARTINEZ CABALEIRO , CARLOS	MALE	VET-M CAMINHANTES DO CONDADO	03:38:36	10:25 min/Km
95	33	383	PÉREZ PÉREZ , IVÁN	MALE	AB-M OS TORAKKA	03:39:26	10:27 min/Km
96	15	365	GÓMEZ CANEDO , FRANCISCO A.	MALE	VET-2-M	03:39:32	10:28 min/Km
97	16	393	RODRIGUEZ COSTAS , JESUS	MALE	VET-2-M	03:39:35	10:28 min/Km
98	17	466	MONJE GARCIA , RICARDO	MALE	VET-2-M CAMINHANTES DO CONDADO	03:41:06	10:32 min/Km
99	34	374	RIVAS DE LA IGLESIA , IAGO	MALE	AB-M COUTADAS TRAIL TEAM	03:45:47	10:46 min/Km
100	18	352	VIDAL CASTRO , ERNESTO	MALE	VET-2-M RUNNING LUSEKELO	03:46:06	10:46 min/Km
101	35	334	RUIZ CARRERA , BRUNO	MALE	AB-M CORNELIOS	03:47:06	10:49 min/Km
102	44	423	BUSTELO CASTAÑO , JULIO	MALE	VET-M	03:47:29	10:50 min/Km
103	45	437	CERDEIRA TORRES , MIGUEL ÁNGEL	MALE	VET-M PALEORUNNERS	03:49:58	10:58 min/Km
104	19	449	SÁNCHEZ OTERO , OSWALDO	MALE	VET-2-M	03:50:22	10:59 min/Km
105	46	373	VAZQUEZ , HENRIQUE	MALE	VET-M COUTADAS TRAIL TEAM	03:50:32	10:59 min/Km
106	36	379	VÁZQUEZ GARCÍA , ISMAEL	MALE	AB-M	03:51:20	11:01 min/Km
107	47	337	GOMEZ PEREIRO , CARLOS MARIO	MALE	VET-M	03:53:28	11:08 min/Km
108	37	476	BARREIRO BAZ , SAUL	MALE	AB-M	03:54:30	11:10 min/Km
109	48	395	IGLESIAS IGLESIAS , JORGE JAVIER	MALE	VET-M PALEORUNNERS	03:55:55	11:15 min/Km
110	49	477	PAZ RODRÍGUEZ , SAÚL	MALE	VET-M	03:57:36	11:19 min/Km
111	50	400	GAGO DORNA , JOSÉ CARLOS	MALE	VET-M CICLISMO OIENSE	03:58:26	11:22 min/Km
112	51	431	CABALEIRO BOUZON , MARCOS	MALE	VET-M	04:03:57	11:37 min/Km
113	52	473	FERREIRA MACHADO , RUI MIGUEL	MALE	VET-M	04:04:33	11:39 min/Km
114	1	472	SILVA SA , MARI ALICE	FEMALE	VET-2-F	04:04:33	11:39 min/Km
115	53	358	FILGUEIRA PONCE , FERNANDO	MALE	VET-M	04:04:42	11:40 min/Km

DESAFIOIA TRAIL 2021

- 21KM -

30 MAYO 2021

CRONOMETRAXE

POS.	P.CAT.	DORSAL	PARTICIPANTE	CATEGORIA	CLUB	META	RITMO
116	38	485	VARELA QUINTELA , VICTOR	MALE	AB-M	04:06:35	11:45 min/Km
117	54	448	VÁZQUEZ VERÍSSIMO , OMAR	MALE	VET-M	04:09:27	11:53 min/Km
118	55	330	BAREA SANCHEZ , ANTONIO	MALE	VET-M	04:11:31	11:59 min/Km
119	20	363	TOREA CONDE , FERNANDO	MALE	VET-2-M TRAILEROS COSECHA DEL 75	04:12:34	12:02 min/Km
120	2	311	IGLESIAS COMESAÑA , ADHARA	FEMALE	AB-F	04:13:00	12:03 min/Km
121	5	424	GONZÁLEZ GONZÁLEZ , LORENA	FEMALE	VET-F MORCEJ@S TEAM	04:22:07	12:29 min/Km
122	3	425	DORADO ALVAREZ , LUCIA	FEMALE	AB-F	04:22:08	12:29 min/Km
123	56	405	VIDEIRA LOMBA , JOSE LUIS	MALE	VET-M MORCEJ@S TEAM	04:23:10	12:32 min/Km
124	57	479	RODRÍGUEZ FERNÁNDEZ , TOMÁS	MALE	VET-M ATLESTISMO PORRIÑO	04:23:43	12:34 min/Km
125	58	366	ALONSO RODRIGUEZ , FRANCISCO JAVIER	MALE	VET-M MORCEJ@S TEAM	04:25:12	12:38 min/Km
126	59	204	MONROI , CRISTIAN	MALE	VET-M	04:31:50	12:57 min/Km
127	39	469	ÁLVAREZ GARCÍA , RUBÉN	MALE	AB-M	04:35:10	13:07 min/Km
128	2	428	GONZALEZ ENRIQUEZ , M ^a DOLORES	FEMALE	VET-2-F BUGALLAS MOBLES &VICTORPAZOS	04:39:48	13:20 min/Km
129	60	464	DEL RIO , RICARDO	MALE	VET-M	05:11:51	14:51 min/Km
130	61	463	CALZADA ALVAREZ , RAUL	MALE	VET-M	05:11:51	14:51 min/Km
131	21	486	PALOMANES RODRÍGUEZ , XOSÉ INACIO	MALE	VET-2-M	05:21:30	15:19 min/Km
132	4	435	OCAMPO CÁCERES , MERCEDES GISELLE	FEMALE	AB-F	05:25:31	15:31 min/Km
133	40	385	ESTEVEZ MARTINEZ , JAIRO	MALE	AB-M	05:28:02	15:38 min/Km
134	6	324	RODRÍGUEZ PORTELA , ALMUDENA	FEMALE	VET-F	05:31:33	15:48 min/Km
135	62	418	BENITEZ OCAMPO , JUAN	MALE	VET-M	05:50:20	16:41 min/Km