

I COPA GALEGA XUNTA DE GALICIA 2023 - GENERAL

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	V1	V2	V3	V4	V5	META	PEN	
1	1	203	JUSTO VALIÑAS, LUIS ALBERTO	MALE	VET A	CLUB MARCHA NÓRDICA A CORUÑA	00:11:38	00:12:12	00:12:21	00:12:30	00:12:38	01:01:18		06:28 min/Km
2	1	100	FIDALGO PESQUERA, ALBERTO	MALE	SENIOR	CLUB MARCHA NÓRDICA A CORUÑA	00:11:46	00:12:17	00:12:27	00:12:35	00:12:18	01:01:21		06:28 min/Km
3	2	202	VILLARROEL ÁLVAREZ, ÁLVARO	MALE	VET A	SOBARRIBA NORDIC WALKING	00:11:51	00:12:12	00:12:28	00:12:36	00:12:46	01:01:51		06:31 min/Km
4	1	300	VÁZQUEZ REY, HÉCTOR	MALE	VET B	CDM XESTEIRAS	00:12:20	00:12:58	00:13:03	00:13:24	00:13:36	01:05:18		06:53 min/Km
5	1	200	SHURHINA, YULIJA	FEMALE	VET A-F	CLUB MARCHA NÓRDICA A CORUÑA	00:13:08	00:13:51	00:14:08	00:14:17	00:14:21	01:09:43		07:21 min/Km
6	3	207	ROMAY GOMEZ, CESAR	MALE	VET A	CDM XESTEIRAS	00:13:23	00:14:01	00:14:16	00:14:17	00:14:15	01:10:11		07:24 min/Km
7	2	304	REGUEIRO DEQUIDT, FERNANDO	MALE	VET B	CLUB MARCHA NÓRDICA A CORUÑA	00:13:24	00:14:06	00:14:11	00:14:16	00:14:16	01:10:12		07:24 min/Km
8	3	321	LODEIRO FERNÁNDEZ, CARLOS	MALE	VET B	C.D.M XESTEIRAS	00:13:59	00:14:17	00:14:12	00:14:31	00:14:01	01:10:58		07:29 min/Km
9	2	201	TILVE, NAZARETH	FEMALE	VET A-F	CLUB MARCHA NÓRDICA A CORUÑA	00:13:14	00:13:49	00:14:09	00:14:14	00:15:49	01:11:13		07:30 min/Km
10	4	301	CATOIRA MARIÑO, RICARDO	MALE	VET B	CDM XESTEIRAS	00:13:57	00:14:21	00:14:24	00:14:29	00:14:16	01:11:25		07:32 min/Km
11	1	305	RODRIGUEZ FERNANDEZ, MARÍA ISABEL	FEMALE	VET B-F	NORDIC WALKING LUGO	00:13:59	00:14:30	00:14:22	00:14:20	00:14:20	01:11:29		07:32 min/Km
12	2	303	MARTINEZ RODRIGUEZ, MARIA PILAR	FEMALE	VET B-F		00:13:47	00:14:24	00:14:30	00:14:33	00:14:18	01:11:30		07:32 min/Km
13	3	204	DASILVA CASTRO, ANA MARIA	FEMALE	VET A-F	CDM XESTEIRAS	00:14:25	00:14:06	00:14:11	00:14:34	00:14:36	01:11:49		07:34 min/Km
14	5	322	SANZ ACOSTA, JOSE JUAN	MALE	VET B	CLUB DEPORTIVO PIMPAM TENERIFE	00:14:15	00:14:07	00:14:12	00:14:35	00:14:42	01:11:51		07:34 min/Km
15	1	402	CAMPO CERECEDO, FERNANDO	MALE	VET C	CLUB MARCHA NÓRDICA A CORUÑA	00:14:18	00:14:20	00:14:32	00:14:37	00:14:45	01:12:30		07:38 min/Km
16	4	205	ALONSO FEIJOO, ALBA	FEMALE	VET A-F		00:13:54	00:14:21	00:14:33	00:14:57	00:15:03	01:12:46		07:40 min/Km
17	4	213	ANGUEIRA VÁZQUEZ, RICARDO	MALE	VET A	ASOCIACIÓN DEPORTIVA MONDARIZ	00:14:46	00:14:37	00:14:03	00:14:00	00:13:47	01:13:12	00:02:00	07:30 min/Km
18	3	307	TRASHORRAS GARCIA, MARTA	FEMALE	VET B-F	NORDIC WALKING LUGO	00:14:00	00:14:16	00:14:25	00:14:31	00:14:03	01:13:15	00:02:00	07:30 min/Km
19	1	400	RODRÍGUEZ GUDE, MARIA ELENA	FEMALE	VET C-F		00:13:56	00:14:21	00:15:00	00:15:15	00:14:49	01:13:19		07:44 min/Km
20	6	316	GARCÍA PÉREZ, NACHO	MALE	VET B	NORDIC WALKING VIGO	00:14:00	00:14:33	00:15:00	00:14:59	00:14:49	01:13:19		07:44 min/Km
21	1	505	PEREIRA GAMA, VASCO	MALE	VET D	INDEPENDIENTE	00:14:57	00:14:45	00:14:38	00:14:48	00:15:11	01:14:17		07:50 min/Km
22	5	206	GARCÍA GONZÁLEZ, RUTH	FEMALE	VET A-F	SOBARRIBA NORDIC WALKING	00:14:15	00:14:34	00:14:31	00:14:25	00:16:37	01:14:20		07:50 min/Km
23	6	209	RIVAS MOSCOSO, MARÍA JESÚS	FEMALE	VET A-F	CLUB VIA LÁCTEA	00:14:26	00:14:39	00:15:02	00:15:18	00:15:24	01:14:47		07:53 min/Km
24	7	311	GIL DOPAZO, JOSE FRANCISCO	MALE	VET B	CDM XESTEIRAS	00:14:18	00:15:03	00:14:58	00:15:38	00:15:54	01:15:49		07:59 min/Km
25	4	310	BREA SAN JOSE, OLGA	FEMALE	VET B-F	CLUB MARCHA NÓRDICA A CORUÑA	00:14:38	00:15:16	00:15:28	00:15:31	00:15:36	01:16:27		08:03 min/Km
26	2	500	CASTRO PORTO, JOSÉ MANUEL	MALE	VET D	CDM XESTEIRAS	00:14:50	00:15:08	00:15:22	00:15:35	00:15:52	01:16:45		08:05 min/Km
27	5	306	GUTIERREZ FRAGA, MARIA ROSA'	FEMALE	VET B-F	O CAXADO	00:14:42	00:15:20	00:15:44	00:15:50	00:15:33	01:17:06		08:07 min/Km
28	2	408	GÓMEZ, L. FERNANDO	MALE	VET C	CLUB MARCHA NÓRDICA A CORUÑA	00:15:04	00:15:22	00:15:22	00:15:42	00:15:40	01:17:09		08:08 min/Km
29	3	403	JOVE VIDAL, DAVID	MALE	VET C	CLUB MARCHA NÓRDICA A CORUÑA	00:14:37	00:15:09	00:15:01	00:15:11	00:15:29	01:17:25	00:02:00	07:57 min/Km
30	4	409	JULIÁN RODRÍGUEZ, FERNANDO JAVIER	MALE	VET C	NORDIC WALKING VIGO	00:15:20	00:15:26	00:15:28	00:15:54	00:15:58	01:18:04		08:14 min/Km
31	7	210	BOBILLO GARCÍA, NANCY	FEMALE	VET A-F	NORDIC WALKING LUGO	00:15:06	00:15:32	00:15:53	00:16:07	00:15:54	01:18:31		08:16 min/Km
32	5	410	LÓPEZ BERMÚDEZ, RAIMUNDO ANGEL	MALE	VET C	CLUB VIA LÁCTEA	00:15:29	00:15:36	00:15:33	00:16:19	00:15:36	01:18:31		08:16 min/Km
33	2	404	CATOIRA MARIÑO, DIVINA	FEMALE	VET C-F	CDM XESTEIRAS	00:15:20	00:15:32	00:15:42	00:16:10	00:15:50	01:18:32		08:16 min/Km
34	8	317	FERNANDEZ CASQUEIRO, MARCOS	MALE	VET B	ASESOU	00:14:45	00:15:10	00:15:30	00:17:35	00:15:34	01:18:32		08:16 min/Km
35	6	312	PARGA PRADO, CRISTINA	FEMALE	VET B-F	NORDIC WALKING LUGO	00:15:09	00:15:32	00:15:50	00:16:09	00:15:55	01:18:33		08:17 min/Km
36	3	411	ULLOA ROO, ANTONIA	FEMALE	VET C-F		00:15:23	00:15:31	00:15:41	00:16:09	00:15:55	01:18:37		08:17 min/Km
37	4	406	ETCHEVERS LEMUS, MARÍA TERESA	FEMALE	VET C-F	CLUB MARCHA NÓRDICA A CORUÑA	00:15:22	00:15:33	00:16:00	00:16:02	00:16:29	01:19:23		08:22 min/Km
38	5	211	CASÁS FALCÓN, ROGELIO	MALE	VET A	NORDIC WALKING VIGO	00:15:07	00:16:09	00:15:56	00:16:12	00:16:21	01:19:44		08:24 min/Km
39	7	309	ALONSO ALONSO, PAZ	FEMALE	VET B-F	MARCHA NORDICA CON2BASTONES	00:15:32	00:16:15	00:16:18	00:16:14	00:16:33	01:20:50		08:31 min/Km
40	3	501	GIL MOREIRA, JOSE FRANCISCO	MALE	VET D	CDM XESTEIRAS	00:15:54	00:16:11	00:16:01	00:16:13	00:16:33	01:20:50		08:31 min/Km
41	1	502	TARRÍO RIVAS, MATILDE	FEMALE	VET D-F	CLUB VIA LÁCTEA	00:15:35	00:15:57	00:16:20	00:16:38	00:16:37	01:21:05		08:33 min/Km
42	8	212	VAZQUEZ FARIÑA, MARIA DEL PILAR	FEMALE	VET A-F	ASESOU	00:15:18	00:15:39	00:17:54	00:16:17	00:16:40	01:21:46		08:37 min/Km
43	6	405	MARTINEZ HINOJOSA, JOSE LUIS	MALE	VET C	VIA LACTEA	00:15:22	00:15:34	00:16:23	00:16:35	00:18:32	01:22:24		08:41 min/Km

