

TRAIL MONTE COMADO 2019

13 OCTUBRE 2019

GALITIMING
DU!W!T!N!P!

CRONOMETRAXE

- GENERAL 12KM -

POS.	P.CAT.	NUMBER	PARTICIPANT	CATEGORY	CAT	CLUB	META	RITMO
1	1	68	PERNAS , CARLOS	MALE	SENIOR-M	PEÑA LAR TRAIL	00:55:25	04:38 min/Km
2	2	57	MARTÍNEZ RODIL , DAVID MANUEL	MALE	SENIOR-M	CLUB ATLETISMO LOURENZA	00:57:10	04:46 min/Km
3	3	52	LOREDO , ALEJANDRO	MALE	SENIOR-M	CLUB ATLETISMO LOURENZA	00:58:26	04:53 min/Km
4	1	25	CANO CONESA , DAVID	MALE	VET-M	CORREDORES POPULARES ARMADA FERROL	01:01:15	05:07 min/Km
5	2	15	RODRÍGUEZ DÍAZ , MARCOS	MALE	VET-M	NO	01:02:17	05:12 min/Km
6	3	79	SOTO GÓMEZ , JESÚS G.	MALE	VET-M	CLUB ATLETISMO LOURENZA	01:02:36	05:13 min/Km
7	4	76	RODRIGUEZ VAZQUEZ , DIEGO	MALE	SENIOR-M	LITTLE GALICIA	01:03:08	05:16 min/Km
8	5	31	DÍAZ GARCÍA , PABLO	MALE	SENIOR-M	TOXIZA CLUBE DE MONTAÑA	01:04:21	05:22 min/Km
9	4	42	GUERREIRO ESCOURIDO , DAVID	MALE	VET-M	NINGUNO	01:05:32	05:28 min/Km
10	6	47	LIÉBANA MOLINERO , JONATAN	MALE	SENIOR-M	NINGUNO	01:05:49	05:30 min/Km
11	5	41	GUEIMUNDE CABALEIRO , JOSE MARIA	MALE	VET-M	CASA CHAO TEAM	01:06:28	05:33 min/Km
12	6	66	PAZ VEIGA , DARIO	MALE	VET-M	CASA CHAO TEAM	01:06:28	05:33 min/Km
13	7	38	GOMEZ DEL RIO , JUAN LUIS	MALE	VET-M	ATLETISMO OCCIDENTE NAVIA	01:06:43	05:34 min/Km
14	7	50	LÓPEZ VÁZQUEZ , JUAN PABLO	MALE	SENIOR-M	ABRENTE LUGO	01:06:46	05:34 min/Km
15	8	34	EIRAS RODRIGUEZ, MANUEL	MALE	SENIOR-M	ATLETISMO RÍA FOZ	01:08:27	05:43 min/Km
16	9	84	VIJANDE LÓPEZ , ADRIÁN	MALE	SENIOR-M	NO CLUB	01:08:36	05:43 min/Km
17	10	44	IGLESIAS BERMÚDEZ , IVÁN	MALE	SENIOR-M	INDEPENDIENTE	01:10:43	05:54 min/Km
18	11	82	TORRE SOENGAS , ABRAHAM	MALE	SENIOR-M	VERXEL	01:11:25	05:58 min/Km
19	12	80	SUÁREZ NOYA , JOSÉ ANTONIO	MALE	SENIOR-M	NINGUNO	01:12:09	06:01 min/Km
20	8	24	CANCELEIRO , CANCELEIRO	MALE	VET-M	TOXIZA CLUBE DE MONTAÑA	01:12:22	06:02 min/Km
21	13	58	MARTINEZ RODRIGUEZ , BRUNO JOSE	MALE	SENIOR-M	S. M. GRUPO COVADONGA	01:12:24	06:02 min/Km
22	14	40	GONZALEZ FRAGA , OSCAR	MALE	SENIOR-M	PEÑA LAR	01:13:22	06:07 min/Km
23	15	51	LOPEZ VILLARINO , DIEGO	MALE	SENIOR-M	TOXIZA CLUBE DE MONTAÑA	01:13:25	06:08 min/Km
24	16	22	BLANCO GOMEZ , JOSÉ MANUEL	MALE	SENIOR-M	INDEPENDENTE	01:14:33	06:13 min/Km
25	17	54	MARRUBE NOVO , CÉSAR	MALE	SENIOR-M	INDEPENDENTE	01:14:47	06:14 min/Km
26	18	53	LOUREIRO DÍAZ , MARCOS	MALE	SENIOR-M	CCA RÍA DE FOZ	01:15:40	06:19 min/Km
27	19	83	VALLEDOR FERNÁNDEZ , ADLAN	MALE	SENIOR-M	NO	01:15:48	06:19 min/Km
28	9	43	HEVIA MIRAVALLS , PELAYO	MALE	VET-M	INDEPENDENTE	01:16:12	06:21 min/Km
29	1	72	REIMONDO GASALLA , ROMINA	FEMALE	SENIOR-F	PRAIAS DE BARREIROS CD	01:16:45	06:24 min/Km
30	10	32	ESTÉBANEZ PULIDO , RUBEN	MALE	VET-M	NO	01:17:17	06:27 min/Km
31	20	77	SORDO , MICHAEL	MALE	SENIOR-M	NO	01:17:28	06:28 min/Km
32	21	39	GONZALEZ FRAGA , BORJA	MALE	SENIOR-M	LIBRE	01:20:58	06:45 min/Km

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33	22	71	RAMOS LOREDO , MARTÍN	MALE	SENIOR-M	INDEPENDENTE	01:21:01	06:46 min/Km
34	11	45	JUVIÑO PREGO , ÁNGEL	MALE	VET-M	DREAM TEAM	01:21:21	06:47 min/Km
35	12	30	JORDÁ SÁNCHEZ, FRANCISCO	MALE	VET-M	INDEPENDIENTE	01:21:27	06:48 min/Km
36	13	60	MENDEZ PIÑEIRUA , LEANDRO	MALE	VET-M	CLUB CICLISTA FOZ	01:21:57	06:50 min/Km
37	23	124	SANCHEZ , ALBERTO	MALE	SENIOR-M	PTL	01:22:23	06:52 min/Km
38	24	117	PORTO ARIAS , DAVID	MALE	SENIOR-M	PTL	01:22:23	06:52 min/Km
39	25	89	CUBA LÓPEZ , TOMÁS	MALE	SENIOR-M	PTL	01:22:24	06:52 min/Km
40	26	78	SORDO ROCHA , PABLO JAVIER	MALE	SENIOR-M	CLUB ATLETISMO LOURENZA	01:23:28	06:58 min/Km
41	14	36	GARCÍA GONZÁLEZ , FRANCISCO JOSÉ	MALE	VET-M	-	01:26:14	07:12 min/Km
42	2	27	CASAS ALVAREZ , BANESA	FEMALE	SENIOR-F	TOXIZA CLUBE DE MONTAÑA	01:26:22	07:12 min/Km
43	15	29	COUTO MON , JUAN	MALE	VET-M	TOXIZA CLUBE DE MONTAÑA	01:26:43	07:14 min/Km
44	27	37	GARCIA LOPEZ , AITOR	MALE	SENIOR-M	S. M. GRUPO COVADONGA	01:26:45	07:14 min/Km
45	28	33	FERNANDEZ DIAZ , JAVIER	MALE	SENIOR-M	TOXIZA CLUBE DE MONTAÑA	01:27:01	07:16 min/Km
46	16	70	RAMOS ALONSO , VICTOR	MALE	VET-M	TOXIZA CLUBE DE MONTAÑA	01:27:56	07:20 min/Km
47	3	23	CABALLERO , LIZA	FEMALE	SENIOR-F	NÁUTICA NARON	01:28:02	07:21 min/Km
48	17	64	OSEIRA MORÁN , ANDRÉS	MALE	VET-M	TOXIZA CLUBE DE MONTAÑA	01:29:05	07:26 min/Km
49	29	20	BELLO , EDUARDO	MALE	SENIOR-M	CD LACIANA	01:30:06	07:31 min/Km
50	30	28	CHAO COCIÑA , FELIPE	MALE	SENIOR-M	NINGUNO	01:30:27	07:33 min/Km
51	1	48	LÓPEZ PALMEIRO , LUCÍA	FEMALE	VET-F	CLUB ATLETISMO SADA	01:32:21	07:42 min/Km
52	4	85	YANES MARQUÉS , OLGA	FEMALE	SENIOR-F	BEONE RIBADEO	01:33:39	07:49 min/Km
53	5	49	LÓPEZ SOTO , FÁTIMA	FEMALE	SENIOR-F	LA ACADEMIA DEL SURF	01:34:02	07:51 min/Km
54	6	21	BLANCO FIGUEIRAS , PAULA	FEMALE	SENIOR-F	TARTARUGAS	01:37:24	08:07 min/Km
55	2	55	MARTÍNEZ FERNÁNDEZ , ANA MARÍA	FEMALE	VET-F	CLUB ATLETISMO LOURENZA	01:37:25	08:08 min/Km
56	18	65	PALACIOS REY , HUMBERTO	MALE	VET-M	TOXIZA CLUBE DE MONTAÑA	01:37:46	08:09 min/Km
57	31	62	NIÑE OTERO , JAVIER	MALE	SENIOR-M	TOXIZA CLUBE DE MONTAÑA	01:37:47	08:09 min/Km
58	19	56	MARTINEZ MARTINEZ , MIGUEL	MALE	VET-M	RCD	01:37:56	08:10 min/Km
59	20	73	REY RAMOS , JOSE ANGEL	MALE	VET-M	PEÑA LAR	01:40:21	08:22 min/Km
60	7	26	CARBALLEIRA SEOANE , MARIA	FEMALE	SENIOR-F	TOXIZA CLUBE DE MONTAÑA	01:41:05	08:26 min/Km
61	8	75	RODRIGUEZ COUCE , LAURA	FEMALE	SENIOR-F	A.D. JARNACHAS	01:42:22	08:32 min/Km
62	3	46	LESTEGÁS , INMA	FEMALE	VET-F	RÍA DE FOZ	01:47:58	08:60 min/Km
63	4	63	NOVAS LOPEZ , BEGOÑA	FEMALE	VET-F	LA ACADEMIA DEL SURF	01:57:51	09:50 min/Km
64	32	35	FERNÁNDEZ TORRES , LUIS ÁNGEL	MALE	SENIOR-M	LA ACADEMIA DEL SURF	01:57:51	09:50 min/Km