

# 3 LUNAS RACE

## - PROLOGO -

05 AGOSTO 2016

POS.	P.CAT.	DORSAL	PARTICIPANTE	CATEGORIA	CLUB	V1	V2	META	VEL/MEDIA
1	1	101	BUSTO , JAVIER	MASCULINO	FRIGORÍFICOS BANDEIRA-EXTOL TEAM	00:10:12	00:10:50	00:21:02	14,3 Km/h
2	2	21	PEREZ FERNANDEZ , JORGE	MASCULINO	C.C. OS ESFOLA ARRÓS	00:10:19	00:11:05	00:21:24	14,0 Km/h
3	3	22	GUERRA SECO , FERNANDO	MASCULINO	C.C. OS ESFOLA ARRÓS	00:10:29	00:11:19	00:21:47	13,8 Km/h
4	4	103	RIVERA GARCÍA , JULIO	MASCULINO	INERCIA XTREME	00:10:36	00:11:17	00:21:52	13,7 Km/h
5	5	76	MATO CARAMES , ANTONIO	MASCULINO	CPC TOXO	00:10:34	00:11:30	00:22:03	13,6 Km/h
6	6	121	GOLMAR FONDEVILA , MANUEL	MASCULINO	FRIGORÍFICOS BANDEIRA-EXTOL TEAM	00:10:52	00:11:40	00:22:31	13,3 Km/h
7	7	71	GONZALEZ GENDE , ALEJANDRO	MASCULINO	MONTENEME - CALVO	00:10:46	00:11:58	00:22:44	13,2 Km/h
8	8	82	CARRETERO SANCHEZ , LUCIANO JESUS	MASCULINO	CC CAMBRE	00:11:03	00:11:43	00:22:45	13,2 Km/h
9	9	80	SANCHEZ GONZALEZ , ESTEBAN	MASCULINO	FRIGORÍFICOS BANDEIRA-EXTOL TEAM	00:11:02	00:11:49	00:22:51	13,1 Km/h
10	10	64	FERNANDEZ DIAZ , FRANCISCO JAVIER	MASCULINO	CLAN GORFOLI Y MRW AVILES	00:10:57	00:12:07	00:23:03	13,0 Km/h
11	11	84	ABEAL ORGEIRA , JORGE	MASCULINO	A. D. JARNACHAS	00:11:17	00:11:47	00:23:04	13,0 Km/h
12	12	78	BUJAN SANTOS , EDUARDO	MASCULINO	INDEPENDIENTE	00:11:44	00:11:37	00:23:21	12,8 Km/h
13	13	13	PEREZ MARTINEZ , GUSTAVO	MASCULINO	ARAGONTA	00:11:35	00:11:58	00:23:32	12,7 Km/h
14	14	92	LEIROS CARRERA , IAGO	MASCULINO	BICI VERDE -ANCA	00:11:47	00:11:52	00:23:38	12,7 Km/h
15	15	79	GONZALEZ PEREZ , ISMAEL	MASCULINO	ESTEVEZ SPORT BTT	00:11:33	00:12:07	00:23:39	12,7 Km/h
16	16	6	MARTINEZ COMESAÑA , LUIS ENRIQUE	MASCULINO	COUTADAS TRAIL TEAM	00:11:35	00:12:07	00:23:42	12,7 Km/h
17	17	14	MARTINEZ CHEDAS , JESUS	MASCULINO	BTT ESMELLE	00:11:40	00:12:06	00:23:45	12,6 Km/h
18	18	94	RAMÓN RODRIGUEZ , JAVIER	MASCULINO		00:11:45	00:12:07	00:23:52	12,6 Km/h
19	19	95	LUACES PAZ , ENRIQUE	MASCULINO	CLUB CICLISTA DUMBRIA	00:11:35	00:12:24	00:23:58	12,5 Km/h
20	20	127	GARCÍA DOS SANTOS , RUBEN	MASCULINO	BIERZO EXTREME	00:11:32	00:12:29	00:24:00	12,5 Km/h
21	21	44	GONZALEZ DIAZ , GONZALO	MASCULINO	CCMONFORTE	00:11:52	00:12:18	00:24:10	12,4 Km/h
22	22	70	VIDAL OTERO , ISAAC	MASCULINO	BIKEMAHIA	00:11:49	00:12:30	00:24:18	12,3 Km/h
23	23	62	FERNÁNDEZ SOTELO , ANDRÉS	MASCULINO	RUTAS DE OURENSE	00:11:59	00:12:21	00:24:20	12,3 Km/h
24	24	111	GARCIA PAZ , JOSE ANTONIO	MASCULINO	CLUB BTT FENE	00:11:26	00:13:07	00:24:32	12,2 Km/h
25	25	93	GOYANES FRANCO , MIGUEL	MASCULINO	DALE PEDALES	00:11:40	00:12:53	00:24:32	12,2 Km/h
26	26	36	ALVAREZ MARTINEZ , MIGUEL	MASCULINO	P.C. LA MANCHUELA	00:12:04	00:12:34	00:24:38	12,2 Km/h
27	27	63	RUIBAL NÚÑEZ , MANUEL	MASCULINO	INDEPENDIENTE	00:11:45	00:12:55	00:24:40	12,2 Km/h
28	28	83	RUA VARELA , BENJAMIN	MASCULINO	CC CAMBRE	00:12:14	00:12:28	00:24:41	12,2 Km/h
29	29	89	CAROU FERNÁNDEZ , CARLOS	MASCULINO	CPC TOXO	00:12:09	00:12:36	00:24:44	12,1 Km/h
30	30	132	VILLAR FERREIRO , IVÁN	MASCULINO	INDEPENDIENTE	00:12:14	00:12:33	00:24:47	12,1 Km/h

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31	31	125	GONZALEZ GARNELO , DIEGO	MASCULINO	COLUMBRIANOS BTT	00:12:00	00:13:06	00:25:06	12,0 Km/h
32	32	72	REGO CASTRO , JORGE	MASCULINO	INDEPENDIENTE	00:12:07	00:13:14	00:25:21	11,8 Km/h
33	33	26	MARTÍNEZ SOTO , DAVID	MASCULINO	INDEPENDIENTE	00:12:27	00:12:55	00:25:22	11,8 Km/h
34	34	85	ALVAREZ COSTA , CARLOS	MASCULINO	ESTEVEZ SPORT BTT	00:12:21	00:13:03	00:25:24	11,8 Km/h
35	35	25	MARQUEZ FERNANDEZ , LUIS ANGEL	MASCULINO	BTT ESMELLE	00:12:56	00:12:35	00:25:30	11,8 Km/h
36	36	69	GONZÁLEZ ESTÉVEZ , GERMÁN	MASCULINO	MTB MONTE ALOIA	00:12:16	00:13:16	00:25:31	11,8 Km/h
37	37	128	ÁLVAREZ MORÁN , IVÁN	MASCULINO	BIERZO EXTREME	00:12:40	00:12:58	00:25:37	11,7 Km/h
38	38	9	LASO ALVAREZ , ADRIAN	MASCULINO	ESTEVEZ SPORT	00:12:34	00:13:31	00:26:05	11,5 Km/h
39	39	53	NIETO PAZOS , FRAN	MASCULINO	C.P.C. TOXO	00:12:45	00:13:26	00:26:11	11,5 Km/h
40	40	52	OUTEIRIÑO GALLEGO , LEOPOLDO	MASCULINO	INDEPENDIENTE	00:12:38	00:13:34	00:26:12	11,5 Km/h
41	1	91	GARCIA IGLESIAS , SILVIA	FEMENINO	BICI VERDE -ANCA	00:12:42	00:13:37	00:26:19	11,4 Km/h
42	41	42	MARTINEZ PEREIRA , LUIS	MASCULINO	CC MEIRA	00:12:51	00:13:34	00:26:25	11,4 Km/h
43	42	77	MARTINEZ CASTRO , JOSE MIGUEL	MASCULINO	CPC TOXO	00:12:53	00:13:44	00:26:36	11,3 Km/h
44	43	47	FARIÑAS GARCIA , JESUS CESAR	MASCULINO	INDEPENDIENTE	00:13:04	00:13:43	00:26:47	11,2 Km/h
45	44	81	FERNÁNDEZ DURÁN , ANTONIO	MASCULINO	XE TIRA TU	00:13:05	00:13:59	00:27:04	11,1 Km/h
46	45	117	FERNANDEZ DIAZ , SAUL	MASCULINO	INDEPENDIENTE	00:13:04	00:14:02	00:27:06	11,1 Km/h
47	46	29	DE OLIVEIRA ALVES , ANTONIO JAVIER	MASCULINO		00:12:49	00:14:18	00:27:07	11,1 Km/h
48	47	104	QUIROGA RODRIGUEZ , ALFONSO	MASCULINO	JABALÍES A RUA	00:13:05	00:14:03	00:27:07	11,1 Km/h
49	48	126	LOPEZ DIAZ , DIEGO	MASCULINO	BIERZO EXTREME	00:13:06	00:14:06	00:27:11	11,0 Km/h
50	49	54	POUSO SÓÑORA , ÁNGEL	MASCULINO	C.P.C. TOXO	00:13:16	00:13:58	00:27:13	11,0 Km/h
51	50	28	BRAVOS , RUBEN	MASCULINO	INDEPENDIENTE	00:13:06	00:14:08	00:27:14	11,0 Km/h
52	51	73	TRILLO BLANCO , ANGEL	MASCULINO	CPC TOXO	00:13:05	00:14:10	00:27:15	11,0 Km/h
53	52	67	VILA MIGUEZ , JOSE CARLOS	MASCULINO	MTB ALOIA	00:13:35	00:13:54	00:27:29	10,9 Km/h
54	53	48	LOPEZ RODRÍGUEZ , JUAN MANUEL	MASCULINO	COLUM BIKE TEAM	00:13:13	00:14:25	00:27:37	10,9 Km/h
55	2	106	BLANCO DOSIL , SILVIA	FEMENINO	SARACEN-IBEROBIKE	00:13:50	00:13:52	00:27:42	10,8 Km/h
56	54	99	CARAMÉS FERNÁNDEZ , PABLO	MASCULINO	ARCOS TRIATLON ALBACETE	00:13:39	00:14:21	00:27:59	10,7 Km/h
57	55	96	GRANDAL FERNÁNDEZ , ANTONIO	MASCULINO	BTT ESMELLE	00:13:39	00:14:28	00:28:06	10,7 Km/h
58	56	105	SOBRINO LAGO , MARCOS	MASCULINO	MTB ALOIA	00:13:29	00:14:56	00:28:25	10,6 Km/h
59	57	24	FERNÁNDEZ BELLAS , IGNACIO	MASCULINO	PEÑA LAR VIVEIRO	00:14:03	00:14:37	00:28:40	10,5 Km/h
60	58	45	FREIRE LOPEZ , DIEGO	MASCULINO	X-BIKES	00:13:39	00:15:12	00:28:50	10,4 Km/h

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61	59	43	AVALLE , DANIEL	MASCULINO	INDEPENDIENTE	00:14:06	00:15:01	<b>00:29:07</b>	10,3 Km/h
62	60	68	VIEITES PONTE , DIEGO	MASCULINO	INDEPENDIENTE	00:13:41	00:15:35	<b>00:29:16</b>	10,3 Km/h
63	61	49	SAMPRON COMUÑAS , SERGIO	MASCULINO	COLUM BIKE TEAM	00:14:29	00:15:29	<b>00:29:57</b>	10,0 Km/h
64	62	2	ALBA POTES , LUÍS	MASCULINO	INDEPENDIENTE	00:14:52	00:15:14	<b>00:30:05</b>	10,0 Km/h
65	63	1	FERNANDEZ , VALENTIN	MASCULINO		00:15:17	00:15:18	<b>00:30:34</b>	9,8 Km/h
66	3	108	COUSELO OBILLEIRO , SILVIA	FEMENINO	A RODA DO DEMO	00:14:55	00:15:40	<b>00:30:35</b>	9,8 Km/h
67	4	10	MARTÍNEZ ÁLVAREZ , MARÍA	FEMENINO	ARMENTEIRA E PUNTO	00:15:35	00:15:26	<b>00:31:01</b>	9,7 Km/h
68	64	34	NOYÓN FARIÑAS , CESAR	MASCULINO	INDEPENDIENTE	00:17:09	00:18:21	<b>00:35:29</b>	8,5 Km/h