



22 ABRIL 2023

**- O DESAFIO DO COUREL 2023-
- 75KM -**

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	EBIKE	META	MEDIA
1	1	20	GRAU MORENO , VICTOR	MALE	MASTER-B	C.D. RIA DE AROUSA O GROVE	NO	04:07:28	18,4 Km/h
2	1	28	PÉREZ MARTÍNEZ , GUSTAVO	MALE	MASTER-A	SANOMEDIO	NO	04:18:20	17,7 Km/h
3	2	16	FERNÁNDEZ MÉNDEZ , CHARLY	MALE	MASTER-B		NO	04:29:58	16,9 Km/h
4	2	2	ALVES , JOEL	MALE	MASTER-A	CCMONÇÃO	NO	05:24:34	14,0 Km/h
5	3	3	AMORIM SANTOS , LUCIANO	MALE	MASTER-B	CCMONÇÃO	NO	05:24:39	14,0 Km/h
6	3	37	RODRIGUEZ FERNANDEZ , MIGUEL	MALE	MASTER-A	DHG GALICIA	NO	05:26:19	14,0 Km/h
7	4	18	FERREIROS TORRES , CARLOS	MALE	MASTER-A	C.C FUNDEFRENOS	NO	05:35:02	13,6 Km/h
8	4	45	VILLAR MARTÍNEZ , RODRIGO	MALE	MASTER-B	XTREMBIKE	NO	05:41:12	13,4 Km/h
9	5	59	MONTES VAZQUEZ , DAVID	MALE	MASTER-A	CC TUZAROS	NO	05:44:14	13,2 Km/h
10	5	23	MARTINEZ RODRÍGUEZ , JOSE LUIS	MALE	MASTER-B	COYOTEPEDAL	NO	05:44:17	13,2 Km/h
11	6	19	GANDÓN OTERO , MIGUEL	MALE	MASTER-A	MASTER MORRAZO	NO	05:44:20	13,2 Km/h
12	6	15	FERNANDEZ FERNANDEZ , JUAN MIGUEL	MALE	MASTER-B	COYOTEPEDAL	NO	05:54:14	12,9 Km/h
13	7	9	CASANOVA GONZÁLEZ , DIEGO	MALE	MASTER-A	INDEPENDIENTE	NO	05:54:19	12,9 Km/h
14	7	36	RODRIGUEZ BELLO , JOSE	MALE	MASTER-B	COYOTEPEDAL	NO	06:00:16	12,7 Km/h
15	8	21	LIÑARES GÓMEZ , PABLO	MALE	MASTER-B	BTT CARRAL	NO	06:00:18	12,7 Km/h
16	9	14	FERNÁNDEZ BELLAS , IGNACIO	MALE	MASTER-B		NO	06:05:26	12,5 Km/h
17	8	10	CASTRO NANTES , ALFREDO	MALE	MASTER-A	C.C. ERASTQUI	NO	06:08:30	12,4 Km/h
18	1	6	BELMONTE FERREIRO , JOSÉ ANTONIO	MALE	MASTER-C	ERASTQUI	NO	06:08:36	12,4 Km/h
19	2	13	EIRIS COELLO , DANIEL	MALE	MASTER-C		SI	06:10:34	12,3 Km/h
20	3	4	ARES OTERO , JOSE	MALE	MASTER-C	PEÑA CICLISTA SALGADO	SI	06:10:37	12,3 Km/h
21	4	8	CADAHIA FEAS , SEGUNDO	MALE	MASTER-C	INDEPENDIENTE	SI	06:10:38	12,3 Km/h
22	5	39	SALGADO ANTELO , LUIS	MALE	MASTER-C	PEÑA CICLISTA SALGADO	NO	06:31:56	11,6 Km/h
23	6	12	DAMIL VILLAMOR , ALBERTO	MALE	MASTER-C	PEÑA CICLISTA SALGADO	NO	06:31:59	11,6 Km/h
24	7	44	TOBAR OLEGO , JOSE VICENTE	MALE	MASTER-C	LAVEGA-BDM	NO	06:32:28	11,6 Km/h
25	10	35	POTES RASCADO , MARCOS	MALE	MASTER-B	LAVEGA-BDM	NO	06:32:34	11,6 Km/h



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26	1	11	CORRAL LOPEZ , CARMEN	FEMALE	MASTER-B-F	LAVEGA-BDM	NO	06:32:35	11,6 Km/h
27	8	41	SANMIGUEL GOMEZ , FERNANDO	MALE	MASTER-C	LAVEGA-BDM	NO	06:32:37	11,6 Km/h
28	11	17	FERNÁNDEZ RODRÍGUEZ , ROI	MALE	MASTER-B	CIDADE DE LUGO	NO	06:39:44	11,4 Km/h
29	9	42	SANTÍN CASTRO , CARLOS	MALE	MASTER-A	INDEPENDIENTE	NO	06:39:46	11,4 Km/h
30	12	32	PIÑEIRO RUBINOS , ROBERTO JOSÉ	MALE	MASTER-B	CC.BICIPAIXON	NO	06:39:46	11,4 Km/h
31	13	40	SANFIZ FERNÁNDEZ , MARCOS	MALE	MASTER-B	MTC_TEAM.	NO	06:39:48	11,4 Km/h
32	10	55	FERNANDEZ FORMOSO , JOSE	MALE	MASTER-A	NUGALLAOS BTT	NO	06:47:04	11,2 Km/h
33	14	30	PEREZ VALCARCEL , ABEL	MALE	MASTER-B	CC ARAGONTA	NO	06:52:51	11,0 Km/h
34	11	24	MARTÍNEZ VALCÁRCCEL , RICARDO	MALE	MASTER-A	C. C. CHANTADINO	NO	06:52:52	11,0 Km/h
35	9	38	RODRÍGUEZ GONZÁLEZ , FRANCISCO JOSÉ	MALE	MASTER-C	CHANTADINO	NO	06:52:53	11,0 Km/h
36	15	31	PÉREZ VALCÁRCCEL , PABLO	MALE	MASTER-B	CLUB CICLISTA ARAGONTA	SI	06:52:54	11,0 Km/h
37	12	29	PÉREZ TÁBOAS , RAMÓN	MALE	MASTER-A	INDEPENDIENTE	NO	07:31:55	10,1 Km/h
38	10	60	MORENO CANTO , ÓSCAR	MALE	MASTER-C	COYOTES NEIRA DENTAL	SI	07:32:02	10,1 Km/h
39	16	33	POLO LUGILDE , ALEJANDRO	MALE	MASTER-B		NO	07:59:34	9,5 Km/h
40	17	52	BASADRE VIDAL , ANGEL	MALE	MASTER-B	BICICLISTAS GALEGOS	NO	07:59:35	9,5 Km/h
41	18	1	ABELED0 ALDARIZ , CARLOS	MALE	MASTER-B		NO	07:59:36	9,5 Km/h
42	11	51	BARRIO NÚÑEZ , CARLOS	MALE	MASTER-C		NO	08:39:57	8,8 Km/h
43	12	57	GARCÍA LIZ , JOSÉ MANUEL	MALE	MASTER-C	COYOTES NEIRA DENTAL	NO	08:39:58	8,8 Km/h
44	13	54	FERNANDEZ CARREIRA , JESUS ANGEL	MALE	MASTER-C	COYOTES NEIRA DENTAL	NO	08:40:33	8,8 Km/h
ABD		26	MONTENEGRO , FRANCISCO MANUEL	MALE	MASTER-C	CLUB RÍA DE AROUSA	SI	00:35:08	
ABD		22	LOPEZ LOPEZ , JAVIER	MALE	MASTER-A	CAIMANES BTT BETANZOS	NO	04:18:27	
ABD		58	GUTIERREZ RIOBÓ , DAVID	MALE	MASTER-B		NO	05:36:00	
ABD		53	DOVAL FERNÁNDEZ , IBAN	MALE	MASTER-B		NO		
ABD		61	RODRIGUEZ CABALEIRO , ROI	MALE	SENIOR	INDEPENDIENTE	NO		
ABD		62	RODRÍGUEZ JARDON , ROBERTO	MALE	MASTER-B	NUGALLAOS BTT	NO		



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ABD		63	VARELA GARCÍA , MARTÍN	MALE	MASTER-B	COYOTES NEIRA DENTAL	NO		
DNS		5	ARIAS ARIAS , CONSTANTINO	MALE	MASTER-C	INDEPENDIENTE	NO		
DNS		7	BLANCO LOPEZ , CARLOS	MALE	MASTER-A	C.C FUNDEFRENOS	NO		
DNS		25	MARTÍNEZ VALIÑO , DIEGO	MALE	MASTER-A		NO		
DNS		34	POMBO REY , FABIAN	MALE	MASTER-B	CC MONTENEME	NO		
DNS		43	SIMON RUBIO , SANTIAGO	MALE	MASTER-B	DHGALICIA	SI		
DNS		46	VILLAVERDE SOUTO , JOSÉ LUIS	MALE	MASTER-C	INDEPENDIENTE	NO		
DNS		56	FERNÁNDEZ RÍOS , ALEJANDRO	MALE	MASTER-A	O TRISQUEL C.C.	SI		