

# ANDAINA DA CHUVIA 2016

## - TEMPOS INDIVIDUALES -

20 MARZO 2016

DORSAL	PARTICIPANTE	SEXO	CLUB	TIEMPO	RITMO
1	ABAD LUSTRES , JORGE	MALE	INDEPENDIENTE	04:03:25	09:45 min/Km
2	ALVAREZ MARIÑO , RAMON	MALE	INDEPENDIENTE	03:30:55	08:27 min/Km
3	ÁLVAREZ MAYÁN , ESPERANZA	FEMALE	VIRXE DA GUIA	03:58:40	09:33 min/Km
4	ANTAS PEREZ , FUCO	MALE		04:31:13	10:51 min/Km
5	AYASO PAZ , MARIA JOSÉ	FEMALE	INDEPENDIENTE	05:57:41	14:19 min/Km
6	BELLO CAROU , ANGELES	FEMALE	INDEPENDIENTE	05:40:13	13:37 min/Km
7	BLANCO FERNANDEZ , ISABEL	FEMALE	INDEPENDIENTE	05:43:08	13:44 min/Km
8	BRAVO PEREZ , MARY PAZ	FEMALE	VIRXE DA GUIA	03:58:43	09:33 min/Km
9	BRETAL BAZARRA , VENTURA	MALE		03:50:18	09:13 min/Km
10	BUCETA ABAL , SARA	FEMALE		06:21:01	15:15 min/Km
12	CALVIÑO RAMALLO , MANUEL	MALE	VIRXE DA GUIA	03:53:13	09:20 min/Km
13	CASTIÑEIRAS AYASO , MANUEL RAMÓN	MALE	VIRXEN DA GUÍA	04:17:05	10:17 min/Km
15	CASTRO VÁZQUEZ , SEFA	FEMALE		05:17:10	12:42 min/Km
16	CRUJEIRAS MIRANDA , ADRIAN	MALE	CCCP	03:22:28	08:06 min/Km
17	DARGE GRANDE , JOSE LUIS	MALE		05:04:59	12:12 min/Km
19	DIESTE REGADES , EMILIO JOSE	MALE	INDEPENDIENTE	03:12:58	07:44 min/Km
20	DIESTE REGADES , ISABEL	FEMALE	INDEPENDIENTE	04:30:22	10:49 min/Km
22	DIOS MARTINEZ , JOSE JOAQUIN	MALE	NATURAL OUTDOOR	02:43:32	06:33 min/Km
23	DIOS MATO , JOSE	MALE	INDEPENDIENTE	04:03:39	09:45 min/Km
24	ESTEVEZ AGRAFOJO , EDUARDO JERÓNIMO	MALE	CLUB DE MONTAÑA DO BARBANZA VINTEDIUSPÉS	05:44:31	13:47 min/Km
25	FERNÁNDEZ CASTELAO , XOÁN	MALE	INDEPENDIENTE	04:17:18	10:18 min/Km
26	FERNÁNDEZ FERNÁNDEZ , DOMINGOS	MALE	INDEPENDIENTE	05:57:25	14:18 min/Km
30	FIGUEIRA SOBRADELO , SANDRA	FEMALE	INDEPENDIENTE	05:46:48	13:53 min/Km
31	FRAGA PEREZ , MANOLA	FEMALE	VIRXEN DA GUÍA	03:53:19	09:20 min/Km
33	GALIÑANES PIÑEIRO , MARÍA HELENA	FEMALE		06:20:58	15:15 min/Km
34	GARCIA GONZALEZ , JESSICA	FEMALE	INDEPENDIENTE	05:57:29	14:18 min/Km
35	GARCIA LOPEZ , ANTON	MALE	INDEPENDIENTE	04:03:30	09:45 min/Km
36	GARCIA PEREZ , ANDREA	FEMALE	INDEPENDIENTE	05:09:02	12:22 min/Km
37	GÓMEZ APESTEGUÍA , JUAN	MALE	INDEPENDIENTE	04:10:19	10:01 min/Km
38	GOMEZ CADÓRNIGA , CARMEN	FEMALE	INDEPENDIENTE	04:00:01	09:37 min/Km
40	GONZALEZ , RICARDO	MALE	INDEPENDIENTE	04:48:42	11:33 min/Km

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41	GRAÑA RUIBAL , EMILIA	FEMALE	INDEPENDIENTE	05:46:51	13:53 min/Km
42	GUIMERANS RODRIGUEZ , MARIA	FEMALE	INDEPENDIENTE	06:20:21	15:13 min/Km
43	LAMAS MÍGUEZ , BEATRIZ	FEMALE	INDEPENDIENTE	05:36:10	13:27 min/Km
44	LENS SARASQUETE , HUMBERTO	MALE	INDEPENDIENTE	05:18:39	12:45 min/Km
46	LÓPEZ SÁNCHEZ , JOSE	MALE	VIRXEN DA GUÍA	04:09:53	09:60 min/Km
47	MANZANARES RODRIGUEZ , JORGE	MALE	INDEPENDIENTE	05:41:34	13:40 min/Km
48	MARIÑO GONZÁLEZ , DIEGO	MALE	REVOLUTRION RIVEIRA	03:59:59	09:36 min/Km
49	MARTINEZ CALO , ANGEL	MALE	INDEPENDIENTE	03:46:59	09:05 min/Km
50	MARTINEZ UCHA , CARLA	FEMALE	INDEPENDIENTE	05:43:08	13:44 min/Km
51	MENDEZ AÑEL , ANA	FEMALE	INDEPENDIENTE	06:20:11	15:13 min/Km
55	PALOMO MOLEDO , NOEMI	FEMALE		05:42:07	13:42 min/Km
56	PARADA REGO , ÓSCAR	MALE	INDEPENDIENTE	03:55:58	09:27 min/Km
57	PEREZ DOMINGUEZ , ESTHER	FEMALE	INDEPENDIENTE	05:09:05	12:22 min/Km
58	PEREZ GOMEZ , GERARDO	MALE	INDEPENDIENTE	03:50:37	09:14 min/Km
61	PICÓN MARIÑO , FERNANDO	MALE	INDEPENDIENTE	05:47:12	13:54 min/Km
62	PIÑEIRO , JOANA	FEMALE	INDEPENDIENTE	05:43:07	13:44 min/Km
65	PONCE MARTINEZ , SUSANA	FEMALE	INDEPENDIENTE	04:13:56	10:10 min/Km
66	POSE SANTOS , JUAN MANUEL	MALE		03:44:06	08:58 min/Km
67	PUGA GONZALES , DAVID	MALE	INDEPENDIENTE	04:07:38	09:55 min/Km
68	RESÚA GARCÍA , JOSÉ RAMÓN	MALE	CLUB DE MONTAÑA DO BARBANZA VINTEDIUSPÉS	05:44:32	13:47 min/Km
69	REY IGLESIAS , RICARDO	MALE		05:17:08	12:42 min/Km
70	RODRÍGUEZ BOUZAS , MARÍA	FEMALE		05:42:25	13:42 min/Km
71	RODRÍGUEZ GONZÁLEZ , PABLO	MALE	INDEPENDIENTE	05:13:17	12:32 min/Km
72	RODRÍGUEZ LAMEIRO , MARIBEL	FEMALE	INDEPENDIENTE	05:36:18	13:28 min/Km
73	SAMPEDRO MUÑIZ , RAMON	MALE	VIRXE DA GUIA	03:45:28	09:02 min/Km
74	SAMPEDRO PÉREZ , ELEUTERIO	MALE		04:17:12	10:18 min/Km
75	SAMPEDRO REGO , MARIVEN	FEMALE	VIRXE DA GUIA	03:53:35	09:21 min/Km
76	SAMPEDRO RIVAS , BELEN	FEMALE		04:16:58	10:17 min/Km
77	SAMPEDRO RIVAS , TAMARA	FEMALE		04:16:59	10:17 min/Km
78	SANTOS MORALES , SUSAN	FEMALE	INDEPENDIENTE	03:46:47	09:05 min/Km
80	SÓÑORA ABEIJÓN , JOSÉ MANUEL	MALE	INDEPENDIENTE	05:40:35	13:38 min/Km

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81	SUAREZ CASTIÑEIRAS , ANGELES	FEMALE	INDEPENDIENTE	<b>05:57:35</b>	14:19 min/Km
82	TUBIO FERNANDEZ , MIGUEL ANGEL	MALE		<b>06:20:49</b>	15:14 min/Km
84	TUBIO OUTEIRAL , LUPE	FEMALE	INDEPENDIENTE	<b>05:19:58</b>	12:48 min/Km
85	VÁZQUEZ AGRELO , ALBERTO	MALE	INDEPENDIENTE	<b>03:26:35</b>	08:16 min/Km
86	VILA VINAGRE , JOAQUIN	MALE	INDEPENDIENTE	<b>04:48:43</b>	11:33 min/Km
87	VILANOVA PICÓN , MARÍA	FEMALE	INDEPENDIENTE	<b>05:42:40</b>	13:43 min/Km
88	VILANOVA PICÓN , SOFIA	FEMALE	INDEPENDIENTE	<b>05:41:28</b>	13:40 min/Km
90	VILLANUSTRE ABUIN , GERMÁN	MALE	INDEPENDIENTE	<b>03:15:31</b>	07:50 min/Km